

**THIS IS NOT A TEST REQUEST FORM. Please complete and submit with the test request form or electronic packing list.**

**VERY LONG CHAIN ACYL-CoA DEHYDROGENASE  
(VLCAD) DEFICIENCY PATIENT HISTORY FORM**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Sex Assigned at Birth:  Female  Male  Intersex Gender Identity (optional):  Female  Male  \_\_\_\_\_  
 Ordering Provider: \_\_\_\_\_ Provider's Phone: \_\_\_\_\_  
 Practice Specialty: \_\_\_\_\_ Provider's Fax: \_\_\_\_\_  
 Genetic Counselor: \_\_\_\_\_ Counselor's Phone: \_\_\_\_\_

**Patient's Ethnicity/Ancestry (check all that apply)**

African American/Black  Asian  Hispanic  White  Other: \_\_\_\_\_

List country of origin (if known): \_\_\_\_\_

Did the patient have an **abnormal newborn screen**? .....  No  Yes  Unknown

Does the patient have **symptoms**?  No  Yes (check all that apply)

Cardiomyopathy  Hypoglycemia  Rhabdomyolysis  
 Coma  Lethargy  Other symptom(s): \_\_\_\_\_  
 Encephalopathy  Liver failure \_\_\_\_\_  
 Hepatomegaly  Reye-like syndrome \_\_\_\_\_

**Laboratory Findings:**

Plasma acylcarnitine profile: .....  Normal  Abnormal  Not performed  Unknown  
 Urine organic acids: .....  Normal  Abnormal  Not performed  Unknown  
 Plasma carnitine (without supplements): Free/total: .....  Normal  Abnormal  Not performed  Unknown

Is there any relevant **family history**? .....  No  Yes  Unknown

If yes, attach a pedigree or specify the relative's **relationship** to the patient: \_\_\_\_\_

Has **DNA testing** been performed for the family member(s)? .....  No  Yes  Unknown

If yes, attach a copy of the relative's DNA laboratory result (**REQUIRED for familial mutation testing**).

**For questions, contact an ARUP genetic counselor at 800-242-2787 ext. 2141.**

Master Label