

**THIS IS NOT A TEST REQUEST FORM. Please complete and submit with the test request form or electronic packing list.**

## VERY LONG CHAIN ACYL-CoA DEHYDROGENASE (VLCAD) DEFICIENCY PATIENT HISTORY FORM

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Sex Assigned at Birth: ☐ Female ☐ Male ☐ Intersex Gender Identity (optional): ☐ Female ☐ Male ☐ \_\_\_\_\_

Ordering Provider: \_\_\_\_\_ Provider's Phone: \_\_\_\_\_

Practice Specialty: \_\_\_\_\_ Provider's Fax: \_\_\_\_\_

Genetic Counselor: \_\_\_\_\_ Counselor's Phone: \_\_\_\_\_

Patient's Ethnicity/Ancestry (check all that apply)

☐ African American/Black ☐ Asian ☐ Hispanic ☐ White ☐ Other: \_\_\_\_\_

List country of origin (if known): \_\_\_\_\_

Did the patient have an **abnormal newborn screen**? ..... ☐ No ☐ Yes ☐ Unknown

Does the patient have **symptoms**? ☐ No ☐ Yes (check all that apply)

<input type="checkbox"/> Cardiomyopathy	<input type="checkbox"/> Hypoglycemia	<input type="checkbox"/> Rhabdomyolysis
<input type="checkbox"/> Coma	<input type="checkbox"/> Lethargy	<input type="checkbox"/> Other symptom(s): _____
<input type="checkbox"/> Encephalopathy	<input type="checkbox"/> Liver failure	_____
<input type="checkbox"/> Hepatomegaly	<input type="checkbox"/> Reye-like syndrome	_____

**Laboratory Findings:**

Plasma acylcarnitine profile: ..... ☐ Normal ☐ Abnormal ☐ Not performed ☐ Unknown

Urine organic acids: ..... ☐ Normal ☐ Abnormal ☐ Not performed ☐ Unknown

Plasma carnitine (without supplements): Free/total: ..... ☐ Normal ☐ Abnormal ☐ Not performed ☐ Unknown

Is there any relevant **family history**? ..... ☐ No ☐ Yes ☐ Unknown

If yes, attach a pedigree or specify the relative's **relationship** to the patient: \_\_\_\_\_

Has DNA testing been performed for the family member(s)? ..... ☐ No ☐ Yes ☐ Unknown

If yes, attach a copy of the relative's DNA laboratory result (**REQUIRED for familial variant testing**).

**For questions, contact an ARUP genetic counselor at 800-242-2787 ext. 2141.**

Master Label