

# Peroxisomal Disorders Panel, Sequencing

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Peroxisomal disorders are a group of diseases caused by gene defects impairing the formation (peroxisome biogenesis disorders) or function of the peroxisomes, with symptoms that impact a wide range of body systems. Peroxisome biogenesis disorders include Zellweger spectrum disorders (ZSDs) and rhizomelic chondrodysplasia punctata (RCDP). Single enzyme defects include Refsum disease, peroxisomal acyl-CoA oxidase deficiency, peroxisomal bifunctional deficiency, defects of bile acid synthesis, and primary hyperoxaluria. Some single enzyme defects present with similar clinical features to ZSD (eg, ACOX1, HSD17B4) or RCDP (eg, AGPS, GNPAT), although these often can be distinguished by extensive biochemical testing.

## Disease Overview

### Symptoms

Common features of peroxisomal disorders include:

- Hypotonia, seizures, peripheral neuropathy, and ataxia
- Abnormal brain magnetic resonance imaging (MRI) findings such as neuronal migration defects, leukodystrophy, or cerebellar atrophy
- Poor growth, feeding problems, and fat-soluble vitamin deficiency
- Hepatic dysfunction, hepatomegaly, and cholestasis
- Progressive adrenal insufficiency
- Renal cortical cysts or kidney stones
- Skeletal abnormalities such as stippling of the growth plates, chondrodysplasia punctata, or progressive loss of bone mineral density
- Deafness or progressive hearing loss
- Visual impairment due to cataracts, glaucoma, optic nerve hypoplasia, band keratopathy, or progressive retinal dystrophy
- Developmental delay and intellectual disability

### Testing Strategy

When a peroxisomal disorder is suspected, the following screening tests may be considered:

- Very long-chain fatty acids in plasma
- C26-lysophosphatidylcholine (LPC) in whole blood or plasma
- Phytanic and pristanic acids in plasma
- Plasmalogens in erythrocytes
- Pilocolic acid in urine (neonates) and plasma (older children or adults)
- Bile acid intermediates in plasma and urine

These biochemical tests may not detect individuals with moderate or mild disease. Some assays are sensitive to age or diet and the complexity of biochemical profiles associated with different peroxisomal disorders requires expertise for optimal interpretation. Therefore, multigene panels are often used to confirm a diagnosis of a peroxisomal disorder.

## Genetics

### Etiology

Pathogenic variants in genes related to the structure and function of peroxisomes (see the [Genes Tested](#) table)

## Featured ARUP Testing

### [Peroxisomal Disorder Panel, Sequencing 3002700](#)

**Method:** Massively Parallel Sequencing

Use to confirm a suspected diagnosis of a peroxisomal disorder, including peroxisome biogenesis disorders such as ZSDs and RCDP type 1 or single enzyme disorders such as Refsum disease. This test will not detect ABCD1 defects associated with X-linked adrenoleukodystrophy/adrenomyeloneuropathy.

For initial test options for disorders of peroxisomal biogenesis and/or function, refer to the [Laboratory Test Directory](#).

## Incidence

At least 1 in 50,000 live births

## Genes Tested

Gene	MIM #	Associated Disorder	Inheritance
<i>ABCD3</i>	170995	Congenital bile acid synthesis defect	AR
<i>ACBD5</i>	616618	Retinal dystrophy with leukodystrophy	AR
<i>ACOX1</i>	609751	Peroxisomal acyl-CoA oxidase deficiency	AR
		Mitchell Syndrome	AD
<i>AGPS</i>	603051	RCPD type 3	AR
<i>AGXT</i>	604285	Primary hyperoxaluria	AR
<i>AMACR</i>	604489	Alpha-methylacyl-CoA racemase deficiency	AR
<i>DNM1L</i>	603850	Encephalopathy, lethal, due to defective mitochondrial peroxisomal fission	AD, AR
		Optic atrophy	AR
<i>FAR1</i>	616107	Peroxisomal fatty acyl-CoA reductase (RCDP type 4)	AR
<i>GNPAT</i>	602744	RCDP type 2	AR
<i>HSD17B4</i>	601860	D-bifunctional protein deficiency, Perrault syndrome	AR
<i>PEX1</i>	602136	ZSD	AR
<i>PEX10</i>	602859	ZSD	AR
<i>PEX11B</i>	603867	ZSD	AR
<i>PEX12</i>	601758	ZSD	AR
<i>PEX13</i>	601789	ZSD	AR
<i>PEX14</i>	601791	ZSD	AR
<i>PEX16</i>	603360	ZSD	AR
<i>PEX19</i>	600279	ZSD	AR
<i>PEX2</i>	170993	ZSD	AR
<i>PEX26</i>	608666	ZSD	AR
<i>PEX3</i>	603164	ZSD	AR
<i>PEX5</i>	600414	ZSD	AR

Gene	MIM #	Associated Disorder	Inheritance
		RCDP type 5	AR
<i>PEX6</i>	601498	ZSD	AR, AD
<i>PEX7</i>	601757	RCDP type 1	AR
<i>PHYH</i>	602026	Refsum disease	AR
<i>SCP2</i>	184755	Leukoencephalopathy with dystonia and motor neuropathy	AR

## Genotype-Phenotype Correlations

The majority of *PEX5* variants are associated with ZSD. One variant, c.722dupA in coding exon 7, has been associated with RCDP type 5.<sup>1</sup>

One *PEX6* complex variant, p.Arg860Trp with \*442\_445delTAAA in cis, has been associated with autosomal dominant ZSD. However, p.Arg860Trp with homozygosity for \*442\_445delTAAA has been reported in unaffected individuals.<sup>2</sup>

Loss-of-function variants in *ACOX1* are associated with peroxisomal acyl-CoA oxidase deficiency. One gain-of-function variant, p.Asn237Ser, is associated with Mitchell syndrome.<sup>3</sup>

## Test Interpretation

### Analytic Sensitivity

For massively parallel sequencing:

Variant Class	Analytic Sensitivity (PPA) Estimate <sup>a</sup> (%)	Analytic Sensitivity (PPA) 95% Credibility Region <sup>a</sup> (%)
SNVs	99.2	96.9-99.4
Deletions 1-10 bp	93.8	84.3-98.2
Deletions 11-44 bp	99.9	87.8-100
Insertions 1-10 bp	94.8	86.8-98.5
Insertions 11-23 bp	99.9	62.1-100

<sup>a</sup>Genes included on this test are a subset of a larger methods-based validation from which the PPA values are derived.

bp, base pairs; PPA, positive percent agreement; SNVs, single nucleotide variants

## Results

Result	Variant(s) Detected	Clinical Significance
Positive	One or more pathogenic or likely pathogenic variants detected	Confirms a diagnosis of a heritable peroxisomal disorder or related disorder Specific diagnosis depends on the variant(s) detected
Inconclusive	One or more variants of uncertain significance detected	Unknown if the variant(s) are disease-causing or benign
Negative	No pathogenic variants detected	Diagnosis of a peroxisomal disorder or related disorder is less likely, though not excluded

## Limitations

- A negative result does not exclude a heritable form of peroxisomal dysfunction.
- Diagnostic errors can occur due to rare sequence variations.
- Interpretation of this test result may be impacted if this patient has had an allogeneic stem cell transplantation.
- The following will not be evaluated:
  - Variants outside the coding regions and intron-exon boundaries of targeted gene(s)
  - Regulatory region and deep intronic variants
  - Noncoding transcripts
  - The following exons are not sequenced due to technical limitations of the assay:
    - ACBD5(NM\_001352568) exon(s) 6
    - ACBD5(NM\_001352569) exon(s) 6
    - ACBD5(NM\_001352570) exon(s) 13
    - ACBD5(NM\_001352571) exon(s) 5
    - ACBD5(NM\_001352573) exon(s) 6
    - ACBD5(NM\_001352574) exon(s) 6
    - ACBD5(NM\_001352575) exon(s) 6
    - ACBD5(NM\_001352576) exon(s) 6
    - ACBD5(NM\_001352581) exon(s) 6
    - ACBD5(NM\_001352585) exon(s) 5
    - ACBD5(NM\_001352586) exon(s) 5
    - ACBD5(NM\_001352568) partial exon(s) 1 (Chr10:27529638-27529648)
    - ACBD5(NM\_001352572) partial exon(s) 1 (Chr10:27529638-27529648)
    - SCP2(NM\_001007098) exon(s) 11
    - SCP2(NM\_001330587) exon(s) 12
- The following may not be detected:
  - Deletions/duplications/insertions of any size by massively parallel sequencing
  - Some variants due to technical limitations in the presence of pseudogenes, repetitive, or homologous regions
  - Low-level somatic variants

## References

1. Barøy T, Koster J, Strømme P, et al. [A novel type of rhizomelic chondrodysplasia punctata, RCDP5, is caused by loss of the PEX5 long isoform.](#) *Hum Mol Genet.* 2015;24(20):5845-5854.
2. Falkenberg KD, Braverman NE, Moser AB, et al. [Allelic expression imbalance promoting a mutant PEX6 allele causes Zellweger spectrum disorder.](#) *Am J Hum Genet.* 2017;101(6):965-976.
3. Chung HL, Wangler MF, Marcogliese PC, et al. [Loss- or gain-of-function mutations in ACOX1 cause axonal loss via different mechanisms.](#) *Neuron.* 2020;106(4):589-606.e6.

## Related Information

[X-Linked Adrenoleukodystrophy](#)  
[Very Long-Chain and Branched-Chain Fatty Acids Profile](#)

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