

**THIS IS NOT A TEST REQUEST FORM. Please complete and submit with the test request form or electronic packing list.**

## GALACTOSEMIA TESTING PATIENT HISTORY FORM

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Sex Assigned at Birth: ☐ Female ☐ Male ☐ Intersex Gender Identity (optional): ☐ Female ☐ Male ☐ \_\_\_\_\_  
Ordering Provider: \_\_\_\_\_ Provider's Phone: \_\_\_\_\_  
Practice Specialty: \_\_\_\_\_ Provider's Fax: \_\_\_\_\_  
Genetic Counselor: \_\_\_\_\_ Counselor's Phone: \_\_\_\_\_  
Patient's Ethnicity/Ancestry (check all that apply)

☐ African American/Black ☐ Asian ☐ Hispanic ☐ White ☐ Other: \_\_\_\_\_

List country of origin (if known): \_\_\_\_\_

Does the patient have symptoms? ..... ☐ No ☐ Yes (check all that apply)

<input type="checkbox"/> Cataracts	<input type="checkbox"/> Liver failure	<input type="checkbox"/> Vomiting
<input type="checkbox"/> Developmental delay	<input type="checkbox"/> Mental retardation	<input type="checkbox"/> Other symptom(s): _____
<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Premature ovarian failure	_____
<input type="checkbox"/> Failure to thrive	<input type="checkbox"/> Sepsis	_____
<input type="checkbox"/> Feeding problems	<input type="checkbox"/> Speech problems	
<input type="checkbox"/> Jaundice	<input type="checkbox"/> Tremors / ataxia	

Has the patient had an RBC transfusion? ..... ☐ No ☐ Yes (date of transfusion: \_\_\_\_\_) ☐ Unknown

### Laboratory Findings

Newborn Screen ..... ☐ Normal ☐ Abnormal ☐ Not Performed ☐ Unknown

Gal-1-P levels ..... ☐ Normal ☐ Abnormal ☐ Not Performed ☐ Unknown

GALT enzyme testing (Galactose-1-Phosphate Uridyltransferase):

..... ☐ Normal ☐ Abnormal ☐ Not Performed ☐ Unknown

Is the patient on a lactose-free diet? ..... ☐ No ☐ Yes ☐ Unknown

Has the patient undergone previous DNA testing? ..... ☐ No ☐ Yes ☐ Unknown

If yes, describe the test and results: \_\_\_\_\_

Is there any relevant family history of galactosemia? ..... ☐ No ☐ Yes ☐ Unknown

If yes, attach a pedigree or specify the relative's relationship to the patient. \_\_\_\_\_

Has DNA testing been performed for the family member(s)? ..... ☐ No ☐ Yes ☐ Unknown

If yes, attach a copy of the relative's DNA laboratory result (REQUIRED for familial variant testing).

Indicate the GALT variant(s) in the family member: \_\_\_\_\_

The relative is: ..... ☐ a healthy carrier ☐ affected with galactosemia

**Master Label**

**For questions, contact an ARUP genetic counselor at 800-242-2787 ext. 2141.**