

# Cardiomyopathy and Arrhythmia Panel, Sequencing and Deletion/Duplication

Last Literature Review: March 2022    Last Update: June 2024

Inherited cardiomyopathy and arrhythmia disorders are genetically and phenotypically heterogeneous. Phenotypes include arrhythmogenic right ventricular cardiomyopathy (ARVC), Brugada syndrome (BrS), catecholaminergic polymorphic ventricular tachycardia (CPVT), dilated cardiomyopathy (DCM), hypertrophic cardiomyopathy (HCM), left ventricular noncompaction (LVNC), long QT syndrome (LQTS), and short QT syndrome (SQTS). Molecular testing is used to determine if a genetic etiology can be identified, which can facilitate patient management and screening of at-risk relatives.

## Disease Overview

See [Common Disorders](#) table below.

## Genetics

See [Genes Tested](#) table for genes included in the panel.

## Test Interpretation

### Methodology

This test is performed using the following sequence of steps:

- Selected genomic regions, primarily coding exons and exon-intron boundaries, from the targeted genes are isolated from extracted genomic DNA using a probe-based hybrid capture enrichment workflow.
- Enriched DNA is sequenced by massively parallel sequencing (MPS; also known as next generation sequencing, or NGS) followed by paired-end read alignment and variant calling using a custom bioinformatics pipeline. The pipeline includes an algorithm for the detection of large deletions and duplications.
- Sanger sequencing is performed as necessary to fill in regions of low coverage and in certain situations, to confirm variant calls.
- Large deletion/duplication calls made using MPS are confirmed by an orthogonal exon-level microarray when sample quality and technical conditions allow.

### Clinical Sensitivity

Variable, dependent on phenotype/condition

- ARVC: 50%<sup>1</sup>
- BrS: 15-30%<sup>2</sup>
- CPVT: 60%<sup>3</sup>
- DCM: 25-40% for familial DCM, 10-25% for isolated DCM<sup>4</sup>
- HCM: 50-60% for familial HCM, 20-30% for isolated HCM<sup>5</sup>
- LQTS: 60-75%<sup>6</sup>

### Analytic Sensitivity

Variant Class	Analytic Sensitivity (PPA) Estimate <sup>a</sup> (%) and 95% Credibility Region	Analytic Specificity (NPA)
SNVs	>99 (96.9-99.4)	>99.9
Deletions 1-10 bp <sup>b</sup>	93.8 (84.3-98.2)	>99.9
Insertions 1-10 bp <sup>b</sup>	94.8 (86.8-98.5)	>99.9

## Featured ARUP Testing

[Cardiomyopathy and Arrhythmia Panel, Sequencing and Deletion/Duplication 2010183](#)

**Method:** Massively Parallel Sequencing

Use to confirm the hereditary form of cardiomyopathy or arrhythmia.

If a familial sequence variant has been previously identified, targeted sequencing for that variant may be appropriate; refer to the [Laboratory Test Directory](#) for additional information.

Variant Class	Analytic Sensitivity (PPA) Estimate <sup>a</sup> (%) and 95% Credibility Region	Analytic Specificity (NPA)
Exon-level <sup>c</sup> deletions	97.8 (90.3-99.8) [2 exons or larger]	>99.9
	62.5 (38.3-82.6) [single exon]	
Exon-level <sup>c</sup> duplications	83.3 (56.4-96.4) [3 exons or larger]	>99.9

<sup>a</sup>Genes included on this test are a subset of a larger methods-based validation from which the PPA values are derived. These values do not apply to testing performed by multiplex ligation-dependent probe amplification (MLPA).

<sup>b</sup>Variants greater than 10 bp may be detected, but the analytic sensitivity may be reduced.

<sup>c</sup>In most cases, a single exon deletion or duplication is less than 450 bp and 3 exons span a genomic region larger than 700 bp.

bp, base pairs; PPA, positive percent agreement; NPA, negative percent agreement; SNVs, single nucleotide variants

## Limitations

- A negative result does not exclude a heritable form of cardiomyopathy or arrhythmia.
- Diagnostic errors can occur due to rare sequence variations.
- Interpretation of this test result may be impacted if the individual has had an allogeneic stem cell transplantation.
- The following will not be evaluated:
  - Variants outside the coding regions and intron-exon boundaries of the targeted genes
  - Variants in the mitochondrial genome
  - Regulatory region and deep intronic variants
  - Deletions/duplications in *PTPN11*
  - Breakpoints of large deletions/duplications
  - SNVs and small deletions/insertions will not be called in the following exons due to technical limitations of the assay:
    - *BRAF* (NM\_004333) exon(s) 5,18
    - *BRAF* (NM\_001354609) exon(s) 5,18,19
    - *BRAF* (NM\_001374244) exon(s) 5,10,19
    - *BRAF* (NM\_001374258) exon(s) 5,10,19,20
    - *BRAF* (NM\_001378467) exon(s) 5,18,19
    - *BRAF* (NM\_001378468) exon(s) 5,18
    - *BRAF* (NM\_001378469) exon(s) 5,18
    - *BRAF* (NM\_001378470) exon(s) 4,17,18
    - *BRAF* (NM\_001378471) exon(s) 5,17,18
    - *BRAF* (NM\_001378472) exon(s) 5,18,19
    - *BRAF* (NM\_001378473) exon(s) 5,18
    - *BRAF* (NM\_001378474) exon(s) 5,18
    - *BRAF* (NM\_001378475) exon(s) 4,17,18
    - *CALM1* (NM\_001363670) exon(s) 1
    - *CSRP3* (NM\_001369404) partial exon(s) 5(Chr11:19204180-19204196)
    - *DES* (NM\_001382712) exon(s) 9
    - *FKTN* (NM\_001351497) exon(s) 6
    - *FKTN* (NM\_001351498) partial exon(s) 9(Chr9:108382363-108382373)
    - *FLNC* (NM\_001458) exon(s) 47,48
    - *FLNC* (NM\_001127487) exon(s) 46,47
    - *PRKAG2* (NM\_016203) exon(s) 13
    - *PRKAG2* (NM\_001040633) exon(s) 13
    - *PRKAG2* (NM\_001304527) exon(s) 11
    - *PRKAG2* (NM\_001304531) exon(s) 10
    - *PRKAG2* (NM\_001363698) exon(s) 11
    - *PRKAG2* (NM\_024429) exon(s) 9
    - *RAF1* (NM\_001354689) exon(s) 8
    - *RAF1* (NM\_001354694) exon(s) 7
    - *SOS1* (NM\_001382394) exon(s) 1
    - *TECRL* (NM\_001363796) exon(s) 12
    - *TPM1* (NM\_001365777) partial exon(s) 9(Chr15:63358119-63358186)
    - *TPM1* (NM\_001365780) partial exon(s) 8(Chr15:63358119-63358186)
    - *TTN* (NM\_001267550) exon(s) 172,173,174,175,176,177,178,179,180,181,182,183,184,185,186,187,188,189,190,191,192,193,194,195,196,197

- *TTN* (NM\_001256850) exon(s) 154,155,156
- *TTN* (NM\_133378) exon(s) 153,154,155
- The following may not be detected:
  - Deletions/duplications/insertions of any size by massively parallel sequencing
  - Large duplications less than 3 exons in size
  - Noncoding transcripts
  - Some variants due to technical limitations in the presence of pseudogenes, repetitive, or homologous regions
  - Low-level somatic variants

## Common Disorders

Disorder	Clinical Characteristics	Prevalence	Inheritance	Comments
ARVC	Progressive fibrofatty replacement of the myocardium predisposing to ventricular tachycardia and sudden death	1/1,000	AD	Commonly implicated genes include <i>PKP2</i> , <i>DSP</i> , <i>DSG2</i>
BrS	Cardiac conduction abnormalities that can result in sudden death	Unknown	AD, 1% de novo	Variants in <i>SCN5A</i> account for 15-30% of BrS
CPVT	Episodic syncope or ventricular arrhythmias occurring during exercise or acute emotion without presence of structural cardiac abnormalities	1/10,000	AD or AR	Variants in <i>RYR2</i> account for 50-55% of all CPVT
DCM	Left ventricular enlargement and systolic dysfunction	1/250-1/2,500	Typically AD; AR/XL/Mitochondrial less common	~20-50% of cases are familial Variants in <i>TTN</i> account for 15-20% of nonsyndromic DCM
HCM	Left ventricular hypertrophy with absence of other cardiovascular causes	1/500	AD	Variants in <i>MYH7</i> and <i>MYBPC3</i> account for the majority of familial HCM <sup>7</sup>
LVNC	Hypertrophic and hypokinetic left ventricle with distinctive morphology	Unknown	Typically AD	<i>MYH7</i> and <i>MYBPC3</i> are commonly implicated genes
LQTS	Cardiac electrophysiologic disease with prolonged QT- and T-wave abnormalities on ECG associated with ventricular tachycardia (torsade de pointes)	1/2,500	AD	Incomplete penetrance
SQTS	Cardiac arrhythmia with short QT interval on ECG	Unknown	AD	Associated genes: <i>KCNH2</i> , <i>KCNJ2</i> , <i>KCNQ1</i>

AD, autosomal dominant; AR, autosomal recessive; XL, X-linked

## Genes Tested

Gene	MIM Number	Disorder	Inheritance
<i>ABCC9</i>	601439	Cantu syndrome DCM 10 Familial atrial fibrillation 12	AD
<i>ACTC1</i>	102540	HCM 11 Atrial septal defect 5 DCM 1R	AD
<i>ACTN2</i>	102573	DCM 1AA with or without LVNC HCM 23 with or without LVNC	AD
<i>AGL</i>	610860	Glycogen storage disease IIIa or IIIb	AR
<i>ALMS1</i>	606844	Alstrom Syndrome	AR
<i>ALPK3</i>	18052	HCM 27	AR
<i>BAG3</i>	603883	Myofibrillar myopathy 6	AD

Gene	MIM Number	Disorder	Inheritance
		DCM 1HH	
<i>BRAF</i>	164757	Cardiofaciocutaneous syndrome 1 Noonan syndrome 7	AD
<i>CACNA1C</i>	114205	Timothy syndrome LGTS 8	AD
<i>CALM1</i>	114180	LQTS 14 CPVT 4	AD
<i>CALM2</i>	114182	LQTS 15 CPVT	AD
<i>CALM3</i>	114183	LQTS 16 CPVT 6	AD
<i>CASQ2</i>	114251	CPVT 2	AR
<i>CAV3</i>	601253	Familial hypertrophic cardiomyopathy, 1 Long QT syndrome 9	AD
<i>CRYAB</i>	123590	Myofibrillar myopathy, 2 DCM 1II	AD
		Myofibrillar myopathy, fatal infantile hypertonic, alpha-B crystallin-related	AR
<i>CSRP3</i>	600824	HCM 12	AD
<i>DES</i>	125660	Myofibrillar myopathy, 1 DCM 1I	AD/AR AD
<i>DMD</i>	300377	Becker muscular dystrophy DCM 3B Duchenne muscular dystrophy	XL
<i>DOLK</i>	610746	Congenital disorder of glycosylation 1m	AR
<i>DSC2</i>	125645	ARVC 11 ARVC 11 with mild palmoplantar keratoderma and woolly hair	AD AR
<i>DSG2</i>	125671	ARVC 10 DCM 1BB	AD
<i>DSP</i>	125647	ARVC 8 DCM with woolly hair, keratoderma, and tooth agenesis DCM with woolly hair and keratoderma	AD AR
<i>EMD</i>	300384	Emery-Dreifuss muscular dystrophy 1	XL
<i>FHL1</i>	300163	Uruguay faciocardiomusculoskeletal syndrome Scapuloperoneal myopathy Myopathy with postural muscle atrophy Emery-Dreifuss muscular dystrophy 6	XL

Gene	MIM Number	Disorder	Inheritance
		Reducing body myopathy 1B	
<i>FKTN</i>	607440	DCM 1X Muscular dystrophy-dystroglycanopathy Ad4	AR
<i>FLNC</i>	102565	Myofibrillar myopathy 5 HCM 26 Restrictive cardiomyopathy 5 Distal myopathy 4	AD
<i>GAA</i>	606800	Glycogen storage disease II	AR
<i>GLA</i>	300644	Fabry disease	XL
<i>HCN4</i>	605206	Sick sinus syndrome 2	AD
<i>HRAS</i>	190020	Costello syndrome	AD
<i>JPH2</i>	605267	HCM 17	AD
<i>JUP</i>	173325	ARVC 12 Naxos disease	AD AR
<i>KCNE1</i>	176261	LQTS 5 Jervell and Lange-Nielsen syndrome 2	AD AR
<i>KCNE2</i>	603796	Familial atrial fibrillation 4 LQTS 6	AD
<i>KCNH2</i>	152427	LQTS 2 SQTS 1	AD
<i>KCNJ2</i>	600681	Andersen syndrome SQTS 3 Familial atrial fibrillation 9	AD
<i>KCNQ1</i>	607542	LQT S 1 Familial atrial fibrillation 3 SQTS 2 Jervell and Lange-Nielsen syndrome 1	AD AR
<i>KRAS</i>	190070	Cardiofaciocutaneous syndrome 2 Noonan syndrome 3	AD
<i>LAMP2</i>	309060	Danon disease	XL
<i>LDB3</i>	605906	DCM 1C with or without LVNC Myofibrillar myopathy, 4	AD
<i>LMNA</i>	150330	DCM 1A Emery-Dreifuss muscular dystrophy 2 Slovenian type heart-hand syndrome Congenital muscular dystrophy Malouf syndrome	AD

Gene	MIM Number	Disorder	Inheritance
		Emery-Dreifuss muscular dystrophy 3	AR
<i>MAP2K1</i>	176872	Cardiofaciocutaneous syndrome 3	AD
<i>MAP2K2</i>	601263	Cardiofaciocutaneous syndrome 4	AD
<i>MYBPC3</i>	600958	HCM 4 DCM 1MM LVNC 10	AD
<i>MYH6</i>	160710	DCM 1EE Sick sinus syndrome 3 Atrial septal defect 3	AD
<i>MYH7</i>	160760	DCM 1S HCM 1 Laing distal myopathy	AD
		Myosin storage myopathy	AR
<i>MYL2</i>	160781	HCM 10	AD
<i>MYL3</i>	160790	HCM 8	AD/AR
<i>NEXN</i>	613121	DCM 1CC	AD
<i>NKX2-5</i>	600584	Atrial septal defect with or without AV conduction defects	AD
<i>NRAS</i>	164790	Noonan syndrome 6	AD
<i>PKP2</i>	602861	ARVC 9	AD
<i>PLN</i>	172405	DCM 1P HCM 18	AD
<i>PRDM16</i>	605557	DCM 1LL	AD
<i>PRKAG2</i>	602743	HCM 6 Glycogen storage disease of the heart, lethal congenital Wolff-Parkinson-White syndrome	AD
<i>PTPN11</i>	176876	Noonan syndrome 1 LEOPARD syndrome 1	AD
<i>RAF1</i>	164760	Noonan syndrome 5 DCM 1NN LEOPARD syndrome 2	AD
<i>RBM20</i>	613171	DCM 1DD	AD
<i>RIT1</i>	609591	Noonan syndrome 8	AD
<i>RYR2</i>	180902	ARVC 2 CPVT 1	AD
<i>SCN5A</i>	600163	Brugada syndrome 1 DCM 1E Familial atrial fibrillation 10	AD

Gene	MIM Number	Disorder	Inheritance
		Familial heart block	
		Familial paroxysmal ventricular fibrillation	
		LQTS 3	
		Sick sinus syndrome 1	AR
<i>SOS1</i>	182530	Noonan syndrome 4	AD
<i>TAFAZZIN</i>	300394	Barth syndrome	XL
<i>TCAP</i>	604488	Limb-girdle muscular dystrophy 2G	AR
<i>TECRL</i>	617242	CPVT 3	AR
<i>TMEM43</i>	612048	ARVC 5 Emery-Dreifuss muscular dystrophy 7	AD
<i>TNNC1</i>	191040	DCM 1Z HCM 13	AD
<i>TNNI3</i>	191044	DCM 1FF Restrictive cardiomyopathy 1 HCM 7	AD
		DCM 2A	AR
<i>TNNI3K</i>	613932	Cardiac conduction disease with or without DCM	AD
<i>TNNT2</i>	191045	HCM 2 DCM 1D Restrictive cardiomyopathy 3	AD
<i>TPM1</i>	191010	HCM 3 DCM 1Y	AD
<i>TRDN</i>	603283	Cardiac arrhythmia syndrome with or without skeletal muscle weakness	AR
<i>TTN</i>	188840	DCM 1G Myofibrillar myopathy 9	AD
		Salih myopathy	AR
<i>TTR</i>	176300	Transthyretin-related amyloidosis	AD
<i>VCL</i>	193065	DCM 1W	AD

AD, autosomal dominant; AR, autosomal recessive, XL, X-linked

## References

- McNally E, MacLeod H, Dellefave-Castillo L. [Arrhythmogenic right ventricular cardiomyopathy](#). In: Adam MP, Ardinger HH, Pagon RA, et al, eds. *GeneReviews*. University of Washington, Seattle. Updated May 2017; accessed Mar 2022.
- Brugada R, Campuzano O, Sarquella-Brugada G, et al. [Brugada syndrome](#). In: Adam MP, Ardinger HH, Pagon RA, et al, eds. *GeneReviews*. University of Washington, Seattle. Updated Nov 2016; accessed Mar 2022.
- Napolitano C, Priori SG, Bloise R. [Catecholaminergic polymorphic ventricular tachycardia](#). In: Adam MP, Ardinger HH, Pagon RA, et al, eds. *GeneReviews*. University of Washington, Seattle. Updated Oct 2016; accessed Mar 2022.
- Hershberger RE, Givertz MM, Ho CY, et al. [Genetic evaluation of cardiomyopathy—a Heart Failure Society of America practice guideline](#). *J Card Fail*. 2018;24(5):281-302.

5. Cirino AL, Ho C. [Hypertrophic cardiomyopathy overview](#). In: Adam MP, Ardinger HH, Pagon RA, et al, eds. *GeneReviews*. University of Washington, Seattle. Updated Jun 2021; accessed Mar 2022.
6. Alders M, Bikker H, Christiaans I. [Long QT syndrome](#). In: Adam MP, Ardinger HH, Pagon RA, et al, eds. *GeneReviews*. University of Washington, Seattle. Updated Feb 2018; accessed Mar 2022.
7. Hershberger RE, Morales A. [Dilated cardiomyopathy overview](#). In: Adam MP, Ardinger HH, Pagon RA, et al, eds. *GeneReviews*. University of Washington, Seattle. Updated Jul 2021; accessed Mar 2022.

ARUP Laboratories is a nonprofit enterprise of the University of Utah and its Department of Pathology. 500 Chipeta Way, Salt Lake City, UT 84108  
(800) 522-2787 | (801) 583-2787 | aruplab.com | arupconsult.com