

## Cardiomyopathy and Arrhythmia Panel, Sequencing and Deletion/Duplication

Inherited cardiomyopathy and arrhythmia disorders are genetically and phenotypically heterogeneous. Phenotypes include arrhythmogenic right ventricular cardiomyopathy (ARVC), Brugada syndrome (BrS), catecholaminergic polymorphic ventricular tachycardia (CPVT), dilated cardiomyopathy (DCM), hypertrophic cardiomyopathy (HCM), left ventricular noncompaction (LVNC), long QT syndrome (LQTS), and short QT syndrome (SQTS). Genetic testing is used to confirm diagnosis.

### DISEASE OVERVIEW

See [Common Disorders](#) table below.

### TEST DESCRIPTION

See [Genes Tested](#) table for genes included in the panel.

### Clinical Sensitivity

Variable, dependent on phenotype/condition

- ARVC: 50 percent<sup>1</sup>
- BrS: 15-30 percent<sup>2</sup>
- CPVT: 60 percent<sup>3</sup>
- DCM: 30-40 percent<sup>4</sup>
- HCM (nonsyndromic familial): 50-60 percent<sup>5</sup>
- LQTS: 60-75 percent<sup>6</sup>

### Limitations

- A negative result does not exclude a heritable form of cardiomyopathy or arrhythmia.
- Diagnostic errors can occur due to rare sequence variations.
- Interpretation of this test result may be impacted if the individual has had an allogeneic stem cell transplantation.
- The following will not be evaluated:
  - Variants outside the coding regions and intron-exon boundaries of the targeted genes
  - Variants in the mitochondrial genome
  - Regulatory region variants and deep intronic variants
  - Breakpoints of large deletions/duplications
  - Deletions/duplications in *BAG3*, *CRYAB*, *EMD*, *FHL1*, *GATAD1*, *TAZ*, *TRDN*
  - Noncoding transcripts
- The following exons are not sequenced due to technical limitations of the assay:
  - *TTN* (NM\_001267550) 172, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 215
  - *TTN* (NM\_133378) 153, 154, 155
- The following may not be detected:
  - Deletions/duplications/insertions of any size by massively parallel sequencing
  - Deletions/duplications less than 1kb in the targeted genes by array
  - Some variants due to technical limitations in the presence of pseudogenes, repetitive, or homologous regions
  - Low-level somatic variants

### Tests to Consider

#### [Cardiomyopathy and Arrhythmia Panel, Sequencing and Deletion/Duplication 2010183](#)

**Method:** Massively Parallel Sequencing

Use to confirm hereditary form of cardiomyopathy or arrhythmia.

#### [Familial Mutation, Targeted Sequencing 2001961](#)

**Method:** Polymerase Chain Reaction/Sequencing

- Recommended test for a known familial sequence variant previously identified in a family member.
- A copy of the family member's test result documenting the familial variant is required.

See [Related Tests](#).

- Single exon deletions/duplications in the following exons:

Gene	Exon(s)
<i>ACTN2</i>	(NM_0011103) 17
<i>CACNB2</i>	(NM_001167945) 7
<i>DMD</i>	(NM_000109) 1
<i>DSC2</i>	(NM_024422) 1
<i>DTNA</i>	(NM_001390) 16, 21
<i>KCNH2</i>	(NM_000238) 13
<i>KCNQ1</i>	(NM_000218) 16
<i>KCNQ1</i>	(NM_181798) 1
<i>MYBPC3</i>	(NM_000256) 10, 24
<i>MYH6</i>	(NM_002471) 24, 28
<i>MYH7</i>	(NM_000257) 29
<i>PKP2</i>	(NM_004572) 6
<i>PRKAG2</i>	(NM_001304527) 1
<i>PRKAG2</i>	(NM_001304531) 2
<i>PRKAG2</i>	(NM_016203) 5
<i>SGCB</i>	(NM_000232) 1
<i>SGCG</i>	(NM_000231) 8
<i>TGFB3</i>	(NM_003239) 7
<i>TRPM4</i>	(NM_001321285) 4
<i>TRPM4</i>	(NM_017636) 7
<i>TTN</i>	(NM_001267550) 158, 173, 176, 185, 191, 194
<i>TTN</i>	(NM_133378) 114, 148, 155, 156, 167, 170

## Analytical Sensitivity

For massively parallel sequencing:

Variant Class	Analytical Sensitivity (PPA) Estimate <sup>a</sup> (%)	Analytical Sensitivity (PPA) 95% Credibility Region <sup>a</sup> (%)
SNVs	99.2	96.9-99.4
Deletions 1-10 bp	93.8	84.3-98.2
Deletions 11-44 bp	100	87.8-100
Insertions 1-10 bp	94.8	86.8-98.5
Insertions 11-23 bp	100	62.1-100

<sup>a</sup>Genes included on this test are a subset of a larger methods-based validation from which the PPA values are derived.

bp, base pairs; PPA, positive percent agreement; SNVs, single nucleotide variants

## Common Disorders

Disorder	Clinical Characteristics	Prevalence	Inheritance	Comments
<b>ARVC</b>	Progressive fibrofatty replacement of the myocardium predisposing to ventricular tachycardia and sudden death	1/1,000	AD	Commonly implicated genes include <i>PKP2</i> , <i>DSP</i> , <i>DSG2</i>
<b>BrS</b>	Cardiac conduction abnormalities that can result in sudden death	Unknown	AD, 1% de novo	Variants in <i>SCN5A</i> account for 15-30% of BrS
<b>CPVT</b>	Episodic syncope or ventricular arrhythmias occurring during exercise or acute emotion without presence of structural cardiac abnormalities	1/10,000	AD or AR	Variants in <i>RYR2</i> account for 50-55% of all CPVT
<b>DCM</b>	Left ventricular enlargement and systolic dysfunction	~1/500	Typically AD; AR/XL/Mitochondrial less common	~20-35% of isolated DCM is familial Variants in <i>TTN</i> account for 10-20% of isolated DCM
<b>HCM</b>	Left ventricular hypertrophy with absence of other cardiovascular causes	1/500	AD	Variants in <i>MYH7</i> and <i>MYBPC3</i> account for majority of familial HCM. Variants in genes encoding for components of the sarcomere account for 55-70% of HCM with no multisystem involvement.
<b>LVNC</b>	Hypertrophic and hypokinetic left ventricle with distinctive morphology	Unknown	Typically AD	<i>MYH7</i> and <i>MYBPC3</i> commonly implicated genes
<b>LQTS</b>	Cardiac electrophysiologic disease with prolonged QT- and T-wave abnormalities on ECG associated with ventricular tachycardia (torsade de pointes)	1/3,000	AD	Incomplete penetrance
<b>SQTS</b>	Cardiac arrhythmia with short QT interval on ECG	Unknown	AD	Associated genes: <i>KCNH2</i> , <i>KCNJ2</i> , <i>KCNQ1</i>

AD, autosomal dominant; AR, autosomal recessive; XL, X-linked

## Genes Tested

Gene	MIM Number	Disorder	Inheritance
<i>ABCC9</i>	601439	Cantu syndrome Dilated cardiomyopathy, 10 Familial atrial fibrillation, 12	AD
<i>ACTC1</i>	102540	Familial hypertrophic cardiomyopathy, 11 Atrial septal defect 5 Dilated cardiomyopathy, 1R Left ventricular noncompaction 4	AD
<i>ACTN2</i>	102573	Dilated cardiomyopathy, 1AA, with or without LVNC Hypertrophic cardiomyopathy, 23, with or without LVNC	AD
<i>ANK2</i>	106410	Cardiac arrhythmia, ankyrin-B-related Long QT syndrome 4	AD
<i>ANKRD1</i>	609599	Dilated cardiomyopathy	AD
<i>BAG3</i>	603883	Myofibrillar myopathy, 6 Dilated cardiomyopathy, 1HH	AD
<i>CACNA1C</i>	114205	Timothy syndrome Brugada syndrome 3	AD
<i>CACNB2</i>	600003	Brugada syndrome 4	AD
<i>CASQ2</i>	114251	Catecholaminergic polymorphic ventricular tachycardia, 2	AR
<i>CAV3</i>	601253	Familial hypertrophic cardiomyopathy, 1 Long QT syndrome 9	AD
<i>CRYAB</i>	123590	Myofibrillar myopathy, 2 Dilated cardiomyopathy, 1II	AD
		Myofibrillar myopathy, fatal infantile hypertonic, alpha-B crystallin-related	AR
<i>CSRP3</i>	600824	Dilated cardiomyopathy, 1M Familial hypertrophic cardiomyopathy, 12	AD
<i>DES</i>	125660	Myofibrillar myopathy, 1 Dilated cardiomyopathy, 1I	AD
		Myofibrillar myopathy, 1	AR
<i>DMD</i>	300377	Becker muscular dystrophy Dilated cardiomyopathy, 3B Duchenne muscular dystrophy	XL

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Gene	MIM Number	Disorder	Inheritance
<i>DSC2</i>	125645	Arrhythmogenic right ventricular dysplasia, 11	AD
		Arrhythmogenic right ventricular dysplasia 11 with mild palmoplantar keratoderma and woolly hair	AR
<i>DSG2</i>	125671	Arrhythmogenic right ventricular dysplasia, 10 Dilated cardiomyopathy, 1BB	AD
<i>DSP</i>	125647	Arrhythmogenic right ventricular dysplasia, 8 Dilated cardiomyopathy with woolly hair, keratoderma, and tooth agenesis	AD
		Dilated cardiomyopathy with woolly hair and keratoderma	AR
<i>DTNA</i>	601239	Left ventricular noncompaction 1	AD
<i>EMD</i>	300384	Emery-Dreifuss muscular dystrophy 1	XL
<i>EYA4</i>	603550	Dilated cardiomyopathy, 1J	AD
<i>FHL1</i>	300163	Uruguay faciocardiomusculoskeletal syndrome	XL
		Scapuloperoneal myopathy	
		Myopathy with postural muscle atrophy	
		Emery-Dreifuss muscular dystrophy 6	
		Reducing body myopathy 1B, with late childhood or adult onset	
<i>FKRP</i>	606596	Muscular dystrophy-dystroglycanopathy, type A, 5	AR
		Muscular dystrophy-dystroglycanopathy (limb-girdle), type C, 5	
<i>FKTN</i>	607440	Dilated cardiomyopathy, 1X	AR
		Muscular dystrophy-dystroglycanopathy, type A, 4	
<i>GAA</i>	606800	Glycogen storage disease II	AR
<i>GATAD1</i>	614518	Dilated cardiomyopathy, 2B	AR
<i>GLA</i>	300644	Fabry disease	XL
<i>GPD1L</i>	611778	Brugada syndrome 2	AD
<i>JPH2</i>	605267	Hypertrophic cardiomyopathy, 17	AD
<i>JUP</i>	173325	Arrhythmogenic right ventricular dysplasia, 12	AD
		Naxos disease	AR
<i>KCNE1</i>	176261	Long QT syndrome 5	AD

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Gene	MIM Number	Disorder	Inheritance
		Jervell and Lange-Nielsen syndrome 2	AR
<i>KCNE2</i>	603796	Atrial fibrillation, familial, 4 Long QT syndrome 6	AD
<i>KCNE3</i>	604433	Brugada syndrome 6	AD
<i>KCNH2</i>	152427	Long QT syndrome 2 Short QT syndrome 1	AD
<i>KCNJ2</i>	600681	Andersen syndrome Short QT syndrome 3 Atrial fibrillation, familial, 9	AD
<i>KCNQ1</i>	607542	Long QT syndrome 1 Atrial fibrillation, familial, 3 Short QT syndrome 2	AD
		Jervell and Lange-Nielsen syndrome 1	AR
<i>LAMA4</i>	600133	Dilated cardiomyopathy, 1JJ	AD
<i>LAMP2</i>	309060	Danon disease	XL
<i>LDB3</i>	605906	Dilated cardiomyopathy, 1C, with or without LVNC Hypertrophic cardiomyopathy, 24 Myofibrillar myopathy, 4	AD
<i>LMNA</i>	150330	Dilated cardiomyopathy, 1A Emery-Dreifuss muscular dystrophy 2 Heart-hand syndrome, Slovenian type Muscular dystrophy, congenital Malouf syndrome	AD
		Emery-Dreifuss muscular dystrophy 3	AR
<i>MYBPC3</i>	600958	Hypertrophic cardiomyopathy, 4 Dilated cardiomyopathy, 1MM Left ventricular noncompaction 10	AD
<i>MYH6</i>	160710	Dilated cardiomyopathy, 1EE Hypertrophic cardiomyopathy, 14	AD

Gene	MIM Number	Disorder	Inheritance
<i>MYH7</i>	160760	Laing distal myopathy Hypertrophic cardiomyopathy 1 Dilated cardiomyopathy, 1S Left ventricular noncompaction 5	AD
		Myopathy, myosin storage	AR
<i>MYL2</i>	160781	Hypertrophic cardiomyopathy, 10	AD
<i>MYL3</i>	160790	Hypertrophic cardiomyopathy, 8	AD/AR
<i>MYLK2</i>	606566	Hypertrophy cardiomyopathy, 1	AD
<i>MYOT</i>	604103	Myofibrillar myopathy, 3	AD
<i>MYOZ2</i>	605602	Hypertrophic cardiomyopathy, 16	AD
<i>MYPN</i>	608517	Dilated cardiomyopathy, 1KK Familial restrictive cardiomyopathy 4 Hypertrophic cardiomyopathy 22	AD
		Nemaline myopathy 11	AR
<i>NEXN</i>	613121	Dilated cardiomyopathy, 1CC Hypertrophic cardiomyopathy, 20	AD
<i>PKP2</i>	602861	Arrhythmogenic right ventricular dysplasia, 9	AD
<i>PLN</i>	172405	Dilated cardiomyopathy, 1P Hypertrophic cardiomyopathy, 18	AD
<i>PRKAG2</i>	602743	Hypertrophic cardiomyopathy, 6 Glycogen storage disease of the heart, lethal congenital Wolff-Parkinson-White syndrome	AD
<i>RBM20</i>	613171	Dilated cardiomyopathy, 1DD	AD
<i>RYR2</i>	180902	Arrhythmogenic right ventricular dysplasia, 2 Catecholaminergic polymorphic ventricular tachycardia, 1	AD
<i>SCN1B</i>	600235	Brugada syndrome 5 Cardiac conduction defect, nonspecific Atrial fibrillation, familial, 13	AD
<i>SCN2B</i>	601327	Atrial fibrillation, familial, 14	AD

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Gene	MIM Number	Disorder	Inheritance
<i>SCN3B</i>	608214	Brugada syndrome 7 Atrial fibrillation, familial, 16	AD
<i>SCN4B</i>	608256	Long QT syndrome 10 Atrial fibrillation, familial, 17	AD
<i>SCN5A</i>	600163	Heart block, progressive, type IA Heart block, nonprogressive Brugada syndrome 1 Cardiomyopathy, dilated, 1E Ventricular fibrillation, paroxysmal familial, 1 Long QT syndrome 3 Atrial fibrillation, familial, 10	AD
		Sick sinus syndrome 1	AR
<i>SGCA</i>	600119	Muscular dystrophy, limb-girdle, type 2D	AR
<i>SGCB</i>	600900	Muscular dystrophy, limb-girdle, type 2E	AR
<i>SGCD</i>	601411	Muscular dystrophy, limb-girdle, type 2F	AR
		Dilated cardiomyopathy, 1L	AD
<i>SGCG</i>	608896	Muscular dystrophy, limb-girdle, type 2C	AR
<i>SLC25A4</i>	103220	Mitochondrial DNA depletion syndrome 12A	AD
		Mitochondrial DNA depletion syndrome 12B	AR
<i>SNTA1</i>	601017	Long QT syndrome 12	AD
<i>TAZ</i>	300394	Barth syndrome	XL
<i>TCAP</i>	604488	Hypertrophic cardiomyopathy, 25	AD
		Muscular dystrophy, limb-girdle, type 2G	AR
<i>TGFB3</i>	190230	Arrhythmogenic right ventricular dysplasia, 1	AD
<i>TMEM43</i>	612048	Arrhythmogenic right ventricular dysplasia, 5 Emery-Dreifuss muscular dystrophy 7	AD
<i>TNNC1</i>	191040	Dilated cardiomyopathy, 1Z Hypertrophic cardiomyopathy, 13	AD

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Gene	MIM Number	Disorder	Inheritance
<i>TNNI3</i>	191044	Dilated cardiomyopathy, 1FF Cardiomyopathy, familial restrictive, 1 Hypertrophic cardiomyopathy, 7	AD
		Dilated cardiomyopathy, 2A	AR
<i>TNNT2</i>	191045	Hypertrophic cardiomyopathy, 2 Dilated cardiomyopathy, 1D Left ventricular noncompaction 6 Cardiomyopathy, familial restrictive, 3	AD
<i>TPM1</i>	191010	Hypertrophic cardiomyopathy, 3 Dilated cardiomyopathy, 1Y Left ventricular noncompaction 9	AD
<i>TRDN</i>	603283	Catecholaminergic polymorphic ventricular tachycardia, 5, with or without muscle weakness	AR
<i>TRPM4</i>	606936	Progressive familial heart block, type IB	AD
<i>TTN</i>	188840	Dilated cardiomyopathy, 1G Hypertrophic cardiomyopathy, 9	AD
		Salih myopathy	AR
<i>TTR</i>	176300	Amyloidosis, hereditary, transthyretin-related	AD
<i>VCL</i>	193065	Hypertrophic cardiomyopathy, 15 Dilated cardiomyopathy, 1W	AD

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## References

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## Related Tests

[Dilated Cardiomyopathy Panel, Sequencing 3001581](#)

**Method:** Massively Parallel Sequencing

[Hypertrophic Cardiomyopathy Panel, Sequencing 3001579](#)

**Method:** Massively Parallel Sequencing

[Long QT Panel, Sequencing and Deletion/Duplication 3001603](#)

**Method:** Massively Parallel Sequencing / Exonic Oligonucleotide-based CGH Microarray

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Content Review January 2019 | Last Update April 2021