

NEW TEST

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Ghrelin, Total

3019850, GHRELIN

Specimen Requirements:

Patient Preparation: Fast 10-12 hours prior to specimen collection. Discontinue any medications or supplements that may influence cholecystokinin (CCK), glucose, growth hormone, insulin, or somatostatin levels, if possible, for 48 hours prior to collection.

Collect: GI preservative tube (ARUP supply #47531). Available online through eSupply using ARUP Connect(TM) or contact ARUP Client Services at 800-522-2787.

Specimen Preparation: Separate from cells ASAP. Transfer 5 mL plasma to ARUP standard transport tubes and freeze immediately. (Min: 1 mL) Test is not performed at ARUP; separate specimens must be submitted when multiple tests are ordered.

Transport Temperature: CRITICAL FROZEN.

Unacceptable Conditions:

Remarks:

Stability: Ambient: Unacceptable; Refrigerated: 24 hours; Frozen: 6 months

Methodology: Quantitative Enzyme-Linked Immunosorbent Assay (ELISA)

Performed: Varies

Reported: 7-10 days

Note:

CPT Codes: 83520

New York DOH Approval Status: Specimens from New York clients will be sent out to a New York DOH approved laboratory, if possible.

Interpretive Data:

Reference Interval:

By report

HOTLINE NOTE: Refer to the Hotline Test Mix for interface build information.