

TEST CHANGE

5-Hydroxyindoleacetic Acid (HIAA), Plasma

3016920, 5HIAA PLA

Specimen Requirements:

Patient Preparation: If clinically feasible, discontinue acetaminophen and tryptophan containing supplements at least ~~48~~²⁴ hours prior to specimen collection. The patient should abstain from eating nuts, especially walnuts, and limit fruits, vegetables, and caffeinated beverages or foods to one serving per day in the 24 hours prior to specimen collection.

Collect: Green (sodium heparin). Also acceptable: Lavender (EDTA).

Specimen Preparation: Transfer 0.5 mL plasma to an ARUP standard transport tube. (Min: 0.2 mL) Test is not performed at ARUP; separate specimens must be submitted when multiple tests are ordered.

Transport Temperature: Frozen

Unacceptable Conditions:

Remarks: Patient age is required.

Stability: Ambient: Unacceptable; Refrigerated: 72 hours; Frozen: 2 months

Methodology: Quantitative Liquid Chromatography-Tandem Mass Spectrometry

Performed: Varies

Reported: 5-8 days

Note:

CPT Codes: 83497

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Reference Interval:

Test Number	Components	Reference Interval
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