

HOTLINE: Effective May 4, 2020

New Test	3002743	<i>N</i>-Methylhistamine, Random Urine	NMETH RAN
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Methodology: Quantitative Liquid Chromatography/Tandem Mass Spectrometry/Colorimetry**Performed:** Varies**Reported:** 3-10 days**Specimen Required:** Patient Prep: Patient must not be taking monoamine oxidase inhibitors (MAOIs) or aminoguanidine as these medications increase N-methylhistamine (NMH) levels. Specimen should be collected within a few hours of symptom onset.Collect: UrineSpecimen Preparation: Transfer 5 mL urine to ARUP Standard Transport Tubes. (Min: 3 mL)**Test is not performed at ARUP; separate specimens must be submitted when multiple tests are ordered.**Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature and frozen.Stability (collection to initiation of testing): Ambient: 28 days; Refrigerated: 28 days; Frozen: 28 days**Reference Interval:** By Report**CPT Code(s):** 82542, 82570

New York DOH Approved.

HOTLINE NOTE: Refer to the Test Mix Addendum for interface build information.