

TEST CHANGE

N-Methylhistamine, Random Urine

3002743, NMETH RAN

Specimen Requirements:

Patient Preparation: Patient must not be taking monoamine oxidase inhibitors (MAOIs) or aminoguanidine as these medications increase N-methylhistamine (NMH) levels. Specimen should be collected within a few hours of symptom onset.

Collect: Urine

Specimen Preparation: Transfer 5 mL urine to ARUP ~~standard transport tubes~~ **Standard Transport Tubes**. (Min: 3 mL) Test is not performed at ARUP; separate specimens must be submitted when multiple tests are ordered.

Transport Temperature: Refrigerated. Also acceptable: Room temperature and frozen.

Unacceptable Conditions:

Remarks:

Stability: Ambient: 2 weeks; Refrigerated: 28 days; Frozen: 28 days

Methodology: Quantitative Liquid Chromatography-Tandem Mass Spectrometry/Colorimetry

Performed: Varies

Reported: ~~7-12~~**3-10** days

Note:

CPT Codes: 82542, 82570

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Reference Interval:

By Report