

TEST CHANGE

Interleukin 10, Plasma

3002623, IL10 PLA

Specimen Requirements:

Patient Preparation:

Collect: Green (lithium heparin).

Specimen Preparation: **CRITICAL FROZEN:** Separate plasma from cells ~~ASAP or~~ within 2 hours of collection. Transfer 1 mL plasma to an ARUP **standard transport tube.** ~~Standard Transport Tube.~~ (Min: 0.4 mL) **Freeze plasma within 30 minutes.**

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered. Ship in an ARUP **standard transport tube.** ~~Standard Transport Tube.~~

Unacceptable Conditions: Refrigerated specimens. Contaminated or heat-inactivated specimens.

Remarks:

Stability: After separation from cells: Ambient: 30 minutes; Refrigerated: Unacceptable; Frozen: 1 year

Methodology: Quantitative Multiplex Bead Assay

Note: Cytokine levels may demonstrate diurnal variation. For longitudinal comparison, it is recommended that cytokine levels be determined at the same time of day.

CPT Codes: 83520

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Results are used to understand the pathophysiology of immune, infectious, or inflammatory disorders, or may be used for research purposes.

Reference Interval:

5.3 pg/mL or less

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	Interleukin 10, Plasma	5.3 pg/mL or less