
New Test **3001379** **Liver Fibrosis - FibroMeter Vibration Controlled Transient Elastography (FibroMeter plus FibroScan VCTE)** **FIBRO VCTE**



Supplemental Resources

Methodology: Quantitative Nephelometry/Quantitative Enzymatic/Quantitative Spectrophotometry/Automated Cell Count/Electromagnetic Mechanical Clot Detection/Vibration Controlled Transient Elastography

Performed: Tue, Thu

Reported: 1-5 days

Specimen Required: Patient Prep: Patient must be 18 years of age or older. Platelet count should be performed on the EDTA whole blood sample at the client site within 3 days of submission for testing.

Collect: Lavender (EDTA) or Pink (K₂EDTA) AND Serum Separator Tube (SST) AND Light Blue (Sodium Citrate).

Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transport 3 mL serum in an ARUP Standard Transport Tube. (Min: 1.2 mL) AND Transport 1 mL platelet-poor citrated plasma in an ARUP Standard Transport Tube. (Min: 0.5 mL) **Do not send the EDTA whole blood to ARUP.**

Storage/Transport Temperature: **Serum:** Frozen.

Plasma (citrated): CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.

Remarks: **Include an automated platelet count.** The Liver Stiffness result (in kPa) from the Fibroscan VCTE must be submitted with the samples. The performance date of the VCTE must also be submitted. VCTE performance date greater than 6 months from the specimen draw date and time are not acceptable.

Unacceptable Conditions: All required specimens not received. No platelet count received. Hemolyzed specimens.

Stability (collection to initiation of testing): **Serum:** Ambient: 8 hours; Refrigerated: Unacceptable; Frozen: 2 weeks

Plasma: Ambient: 24 hours; Refrigerated: Unacceptable; Frozen: 2 weeks

Reference Interval: By report

Interpretive Data: Refer to report.

See Compliance Statement B: www.aruplab.com/CS

Note: Delays in test performance may result if the VCTE result and date of performance is not included with the requisition.

CPT Code(s): 83883; 84450; 82977 (Alt code: 81599)

New York DOH approval pending. Call for status update.

HOTLINE NOTE: Refer to the Test Mix Addendum for interface build information.