

ABORATORIES

Effective Date: January 21, 2025

TEST CHANGE

Aquaporin-4 (AQP4) Antibody, IgG by CBA-IFA With Reflex to Titer, Serum 2013320, AQP4 SER

Specimen Requirements:

Patient Preparation: N/A

Collect: Serum separator tube (SST) or plain red.

Specimen Preparation: Transfer 1 mL serum to an ARUP standard transport tube. (Min:

0.15 mL)

Transport Temperature: Refrigerated.

Unacceptable Conditions: Contaminated.

Remarks: N/A

Stability: Ambient: 48 hours; Refrigerated: 2 weeks; Frozen: 1

month.year

Methodology: Semi-Quantitative Cell-Based Indirect Fluorescent Antibody

Performed: Mon, Wed, Fri

Reported: 1-6 days

Note: If AQP4 antibody IgG is positive, then an AQP4 antibody IgG

titer is reported. Additional charges apply.

CPT Codes: 86052; if reflexed, add 86256

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Neuromyelitis optic (NMO) commonly presents with optic neuritis or longitudinally extensive transverse myelitis. Approximately 75% of patients with NMO have antibodies to the aquaporin-4 (AQP4) receptor. While the absence of AQP4 receptor antibodies does not rule out a diagnosis of NMO, presence of this antibody is diagnostic for NMO.

This indirect fluorescent antibody assay utilizes AQP4 receptor transfected cell lines for the detection and semiquantification of AQP4 IgG antibody.

Reference Interval:

Less than 1:10



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