

TEST CHANGE

Zolpidem, Serum or Plasma, Quantitative 2012652, ZOLPID SP

Specimen Requirements:	
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Patient Preparation:

Collect: Gray (sodium fluoride/potassium oxalate). Also acceptable:

Plain red, green (sodium heparin), lavender (EDTA), or pink

Effective Date: November 13, 2023

(K2EDTA).

Specimen Preparation: Separate serum or plasma from cells ASAP or within 2 hours of

collection. Transfer 2 mL serum or plasma to an ARUP

standard transport tube. Standard Transport Tube. (Min: 1 mL)

Transport Temperature: Room temperature.

Unacceptable Conditions: Gel separator tubes. Plasma or whole blood collected in light-

blue (sodium citrate). Hemolyzed specimens.

Remarks:

Stability: After separation from cells: Ambient: 1 week; Refrigerated: 1

month; Frozen: 3 years (Avoid repeated freeze/thaw cycles)

Methodology: Quantitative Liquid Chromatography-Tandem Mass

Spectrometry

Performed: Tue, Fri

Reported: 1-<u>7</u>5 days

Note:

CPT Codes: 80368 (Alt code: G0480)

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Methodology: Quantitative Liquid Chromatography-Tandem Mass Spectrometry

Drugs covered: zolpidem

Positive cutoff: 20 ng/mL

For medical purposes only; not valid for forensic use.

The absence of expected drug may indicate <u>noncompliance</u>non-compliance, inappropriate timing of specimen collection relative to drug administration, poor drug absorption, diluted/adulterated urine, or limitations of testing. The concentration value must be greater than or equal to the cutoff



to be reported as positive. Interpretive questions should be directed to the laboratory.

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA certified laboratory and is intended for clinical purposes.

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Reference Interval: