TEST CHANGE

Heavy Metals Panel 3, Random Urine with Reflex to Arsenic Fractionated

2011304, HYMETU RND

Specimen Requirements:	
Patient Preparation:	Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be encouraged to discontinue nutritional supplements, vitamins, minerals, nonessential~~non-essential~~ over-the-counter medications (upon the advice of their physician), and avoid shellfish and seafood for 48 to 72 hours. High concentrations of iodine may interfere with elemental testing. Collection of urine specimens from patients receiving iodinated or gadolinium-based contrast media should be avoided for a minimum of 72 hours post-exposure. Collection from patients with impaired kidney function should be avoided for a minimum of 14 days post-contrast media exposure.
Collect:	Random urine.
Specimen Preparation:	Transfer an 8 mL aliquot from a well-mixed collection to ARUP Trace Element-Free Transport Tubes (ARUP supply #43116), available online through eSupply using ARUP Connect(TM) or~~Connector~~ contact ARUP Client Services at ~~(~~800-~~)~~ 522-2787. (Min: 2 mL)
Transport Temperature:	Refrigerated. Also acceptable: Room temperature or frozen.
Unacceptable Conditions:	Urine collected within 72 hours after administration of iodinated or gadolinium-based contrast media. Acid-preserved urine. Specimens contaminated with blood or fecal material. Specimens transported in nontrace~~non-trace~~ element-free transport tube (with the exception of the original device).
Remarks:	
Stability:	Ambient: 1 week; Refrigerated: 2 weeks; Frozen: 1 year
Methodology:	Quantitative Inductively Coupled Plasma-Mass Spectrometry (ICP-MS)
Note:	If total arsenic concentration is found to be elevated based on reference intervals, then Arsenic, Fractionated, will be added to determine the proportion of organic, inorganic, and methylated forms. Additional charges apply.
CPT Codes:	82175; 83655; 83825; if reflexed, add 82175
New York DOH Approval Status:	This test is New York DOH approved.
Interpretive Data:	

Urinary mercury concentrations~~Quantification of urine excretion rates before or after chelation therapy has been used as an indicator of lead exposure. Urinary excretion on >125 mg of lead per 24 hours is usually associated with related evidence of lead toxicity.~~

~~Urinary mercury levels~~ predominantly reflect acute or chronic elemental or inorganic mercury exposure. Urine concentrations in unexposed individuals are typically less than 10 ug/L. 24 hour urine concentrations of 30 to 100 ug/L may be associated with subclinical neuropsychiatric symptoms and tremors. Concentrations greater than 100 ug/L can be associated with overt neuropsychiatric disturbances and tremors. Urine mercury levels may be useful in monitoring chelation therapy.

The ACGIH Biological Exposure Index (BEI) for arsenic in urine is 35 ug/L measured at the end of the work week. The ACGIH BEI is based on the sum of inorganic and methylated species. For specimens with elevated total arsenic results, fractionation is automatically performed to determine the proportions of inorganic, methylated and organic species.

Elevated results may be due to skin or collection-related contamination, including the use of collection containers that are not certified to be trace element-free. If an elevated result is suspected to be due to contamination, confirmation with a second specimen collected in a certified trace element-free container is recommended.

Methodology: Inductively Coupled Plasma - Mass Spectrometry (ICP-MS)

Reference Interval:

Test Number	Components	Reference Interval
	Arsenic, Urine - per volume	Less than or equal to ~~0.0~~ 34.9 microg/L
	Arsenic, Urine - ratio to CRT	Less than or equal to ~~0.0~~ 29.9 microg/g CRT
	Lead, Urine - per volume	Less than or equal to ~~0.0~~ 5.0 microg/L
	Lead, Urine - ratio to CRT	Less than or equal to ~~0.0~~ 5.0 microg/g CRT
	Mercury, Urine - per volume	Less than or equal to ~~0.0~~ 5.0 microg/L
	Mercury, Urine - ratio to CRT	Less than or equal to ~~0.0~~ 20.0 microg/g CRT