
2011034

N-Methylhistamine, 24-Hour Urine

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Specimen Required: Patient Prep: Patient must not be taking monoamine oxidase inhibitors (MAOIs) or aminoguanidine as these medications increase *N*-methylhistamine (NMH) levels.

Collect: 24-hour urine.

Specimen Preparation: From a well-mixed 24-hour collection transfer 5 mL urine to an ARUP Standard Transport Tube. (Min: 3 mL)

Test is not performed at ARUP; separate specimens must be submitted when multiple tests are ordered.

Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.

Remarks: Collection duration and urine volume must be provided for testing.

Stability (collection to initiation of testing): Ambient: 2 weeks; Refrigerated: 28 days; Frozen: 28 days