

HOTLINE: Effective May 4, 2020

2011034 **N-Methylhistamine, 24-Hour Urine**

NMETHYL U

Performed: Varies
Reported: 3-10 days

Specimen Required: Patient Prep: **Patient must not be taking monoamine oxidase inhibitors (MAOIs) or aminoguanidine as these medications increase N-methylhistamine (NMH) levels.**
Collect: 24-hour urine
Specimen Preparation: **From a well-mixed 24-hour collection** transfer 5 mL urine to ARUP Standard Transport Tubes. (Min: 3 mL)
Test is not performed at ARUP; separate specimens must be submitted when multiple tests are ordered.
Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.
Remarks: **Collection duration and urine volume must be provided for testing.**
Stability (collection to initiation of testing): Ambient: 28 days; Refrigerated: 28 days; Frozen: 28 days

HOTLINE NOTE: There is a clinically significant charting name change associated with this test.

Change the charting name for component 2011035, Duration from Duration to **Collection Duration**.

Change the charting name for component 2011036, Volume from Volume to **Urine Volume**.

Change the charting name for component 2011037, N-Methylhistamine, Urine from N-Methylhistamine, Urine to **N-Methylhistamine, 24 Hr Urine**.

Change the charting name for component 2011038, NMH, Creatinine Concentration from NMH, Creatinine Concentration to **Creatinine Concentration, 24 Hr Urine**

There is a component change associated with this test.

Add component 3002790, Creatinine, 24 Hr Urine