

**TEST CHANGE** 

## Aminolevulinic Acid Dehydratase (ALAD), Blood 2011012, ALA DEHYD

ZUTTUTZ, ALA DEHYD	
Specimen Requirements:	
Patient Preparation:	Patient should abstain from alcohol for 24 hours prior to collection.
Collect:	Green (sodium heparin). Also acceptable: Lavender (EDTA) or green (lithium heparin). Refrigerate as soon as possible after collectionCollect specimen and place in ice bath immediately.
Specimen Preparation:	Transport 4 mL whole blood in original collection container. (Min: 3 mL) Test is not performed at ARUP; separate specimens must be submitted when multiple tests are ordered.
Transport Temperature:	Refrigerated. Also acceptable: Ambient.
Unacceptable Conditions:	Grossly hemolyzed specimens.
Remarks:	Include a list of medications the patient is currently taking.  New York Clients: Informed consent is required. Document on the request form or electronic order that a copy is on file.
Stability:	Ambient: 4 days; Refrigerated: 1 week; Frozen: Unacceptable
Methodology:	Quantitative Enzymatic Assay/Spectrofluorometry
Performed:	Varies
Reported:	5-11 days
Note:	
CPT Codes:	82657
New York DOH Approval Status:	This test is New York DOH approved.
Interpretive Data:	
Reference Interval:	
By Report	

Effective Date: October 7, 2024