

Quarterly HOTLINE: Effective February 19, 2019

0099610	Thallium, Whole Blood	THALB
Performed:	Sun-Sat	
Reported:	1-3 days	
Specimen Required	I: <u>Patient Prep:</u> Diet, medication, and nutritional supplements may introduce interfering substances. Patients should be discontinue nutritional supplements, vitamins, minerals, and non-essential over-the-counter medications (upon the physician). <u>Collect:</u> Royal Blue (K ₂ EDTA or Na ₂ EDTA). <u>Specimen Preparation:</u> Transport 7 mL whole blood in the original collection tube. (Min: 0.5 mL) Storage/Transport Temperature: Room temperature. Also acceptable: Refrigerated.	U

<u>Unacceptable Conditions:</u> Specimens collected in tubes other than Royal Blue (EDTA). Specimens transported in containers other than a Royal Blue (EDTA) tube or Trace Element-Free Transport Tube. Heparin anticoagulant. Clotted specimens. Stability (collection to initiation of testing): Ambient: Indefinitely; Refrigerated: Indefinitely; Frozen: Unacceptable

Reference Interval: Effective February 19, 2019 Less than or equal to $2.0 \ \mu g/L$

Interpretive Data: Elevated results may be due to skin or collection-related contamination, including the use of a noncertified metal-free collection/transport tube. If contamination concerns exist due to elevated levels of blood thallium, confirmation with a second specimen collected in a certified metal-free tube is recommended.

Blood thallium levels reflect recent exposure as thallium has a biological half-life of approximately 2 to 4 days. Blood levels greater than 100 μ g/L are considered toxic and greater than 300 μ g/L indicate severe ingestion. After severe thallium poisonings, reported symptoms have varying times of onset and include gastroenteritis, multi-organ failure and neurologic injury. Peripheral neuropathy and alopecia are well-documented effects of acute and chronic exposure. Human health effects from low-level thallium exposure are unknown. See Compliance Statement B: www.aruplab.com/CS

HOTLINE NOTE: Remove information found in the Note field.