

TEST CHANGE

Jo-1 Antibody, IgG 0099592, ANTI-JO

Specimen Requirements:

Patient Preparation:

Collect: Serum separator tube or red tube.

Specimen Preparation: Separate serum from cells ASAP or within 2 hours of collection.

Transfer 1 mL serum to an ARUP standard transport tube. (Min:

Effective Date: January 20, 2026

 $0.52 \, \text{mL}$

Transport Temperature: Refrigerated.

Unacceptable Conditions: Plasma or other body fluids.

Remarks:

Stability: After separation from the cells: Ambient: 48 hours;

Refrigerated: 2 weeks; Frozen: 1 year (avoid repeated

freeze/thaw cycles)

Methodology: Semi-Quantitative Multiplex Bead Assay

Note: Presence of Jo-1 antibody is found in patients with pure

polymyositis, pure dermatomyositis, or myositis associated with another rheumatic disease or with interstitial lung disease.

CPT Codes: 86235

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Presence of Jo-1 (antihistidyl transfer RNA [t-RNA] synthetase) antibody is associated with polymyositis and may also be seen in patients with dermatomyositis. Jo-1 antibody is associated with pulmonary involvement (interstitial lung disease), Raynaud phenomenon, arthritis, and mechanic's hands (implicated in antisynthetase syndrome).

Component Jo-1 Antibody, IgG

29 AU/mL or less Negative 30-40 AU/mL Equivocal 41 AU/mL or greater Positive

Interpretation

Reference Interval:

Test Number	Components	Reference Interval
	Jo-1 (Histidyl-tRNA Synthetase) Ab, IgG	40 AU/mL or less