

HOTLINE: Effective June 3, 2019

0098819	Melanocyte Stimulation Hormone, Alpha (a-MSH)	MSH ALPHA
Performed:	Varies	
Reported:	10-13 days	
Specimen Required:		
<u>Patient Prep:</u> Patient should not be on any steroid, ACTH, or hypertension medication, if possible, for at least 48 hours prior to specimen collection. Morning fasting specimens are preferred.		
<u>Collect:</u> Lavender (K ₂ or K ₃ EDTA) or pink (K ₂ EDTA).		
<u>Specimen Preparation:</u> Separate from cells ASAP or within 2 hours of collection. Transfer 3 mL plasma to an ARUP Standard Transport Tube. (Min. 1 mL) Freeze immediately.		
<u>Storage/Transport Temperature:</u> CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.		
<u>Stability (collection to initiation of testing):</u> Ambient: Unacceptable; Refrigerated: 24 hours; Frozen: 1 month		