

TEST CHANGE

Melanocyte Stimulation Hormone, Alpha (a-MSH)

Specimen Requirements:	
Patient Preparation:	Patient should not be on anyDiscontinue steroid, ACTH, or hypertension medication, if possible, for at least 48 hours prior to specimen collection. MorningA morning fasting specimens arespecimen is preferred.
Collect:	Lavender (K2 or K3EDTA) or pink (K2EDTA). New York State Clients: Lavender (K2EDTA).
Specimen Preparation:	Separate from cells ASAP or within 2 hours of collection. Transfer 3 mL plasma to an ARUP standard transport tube- (Min. 1 mL) Freeze immediately. New York State Clients: Collect in a prechilled tube. Remove the cap from the tube and add 0.25 mL Trasylol to the whole blood. Recap the tube and invert several times. Separate from cells and freeze. and freeze immediately. (Min. 1 mL) Test is not performed at ARUP; separate specimens must be submitted when multiple tests are ordered.
Transport Temperature:	CRITICAL FROZEN.
Unacceptable Conditions:	
Remarks:	
Stability:	Ambient: Unacceptable; Refrigerated: 24 hours; Frozen: 1 month
Methodology:	Quantitative Radioimmunoassay (RIA)
Performed:	Varies
Reported:	15-20 days
Note:	
CPT Codes:	83519
New York DOH Approval Status:	This test is New York DOH approved.
Interpretive Data:	



By report