

HOTLINE: Effective June 3, 2019

0098818 Melanocyte Stimulating Hormone, Beta (b-MSH)

MSH BETA

Methodology:	Quantitative Radioimmunoassay
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Performed: Varies

Reported: 14-17 days

Specimen Required: <u>Patient Prep:</u> Patient should not be on any steroid, ACTH, or hypertension medication, if possible, for at least 48 hours prior to specimen collection. Morning fasting specimens are preferred.

<u>Collect:</u> Lavender (K_2 or K_3 EDTA) or pink (K_2 EDTA).

Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 3 mL plasma to an ARUP Standard Transport Tube. (Min: 1 mL) Freeze immediately.

Storage/Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered. Stability (collection to initiation of testing): Ambient: Unacceptable; Refrigerated: 24 hours; Frozen: 6 months