

HOTLINE: Effective September 7, 2021

0091193

Gamma-Hydroxybutyric Acid (GHB), Serum or Plasma - Screen with Reflex to Confirmation/Quantitation

GHB SP

Specimen Required: Collect: Plain Red, Lavender (EDTA), or Pink (K₂EDTA).

Specimen Preparation: Separate from cells ASAP or within 2 hours of collection. Transfer 5 mL serum or Plasma to ARUP Standard Transport Tubes. (Min: 2.4 mL)

Test is not performed at ARUP; separate specimens must be submitted when multiple tests are ordered.

Storage/Transport Temperature: Refrigerated. Also acceptable: Room temperature or frozen.

Unacceptable Conditions: Separator tubes or citrate buffered tubes.

Stability (collection to initiation of testing): Ambient: 1 week; Refrigerated: 1 week; Frozen: 2 months