

**TEST CHANGE**

**THC Metabolite, Serum or Plasma, Quantitative**

0090676, CANNAB SP

**Specimen Requirements:**

**Patient Preparation:**

**Collect:** Gray (sodium fluoride/potassium oxalate). Also acceptable: Plain red, green (sodium heparin), lavender (EDTA), or pink (K2EDTA).

**Specimen Preparation:** Separate serum or plasma from cells ASAP or within 2 hours of collection. Transfer 1 mL serum or plasma to an ARUP [standard transport tube](#). ~~Standard Transport Tube~~. (Min: 0.5 mL)

**Transport Temperature:** Refrigerated.

**Unacceptable Conditions:** Separator tubes. Plasma or whole blood collected in ~~light~~-blue (sodium citrate). Specimens exposed to repeated freeze/thaw cycles.

**Remarks:**

**Stability:** After separation from cells: Ambient: 1 week; Refrigerated: 2 weeks; Frozen: 3 years

**Methodology:** Quantitative Liquid Chromatography-Tandem Mass Spectrometry

**Performed:** Sun, ~~Tue, Thu, Fri-Sat~~

**Reported:** 1-~~5~~4 days

**Note:**

**CPT Codes:** 80349 (Alt code: G0480)

**New York DOH Approval Status:** This test is New York DOH approved.

**Interpretive Data:**

**Methodology:** Quantitative Liquid Chromatography-Tandem Mass Spectrometry

**Positive cutoff:** 5 ng/mL

For medical purposes only; not valid for forensic use.

The drug analyte detected in this assay, 9-carboxy THC, is a metabolite of delta-9-tetrahydrocannabinol (THC). Detection of 9-carboxy THC suggests use of, or exposure to, a

product containing THC. This test cannot distinguish between prescribed or ~~nonprescribed~~~~non-~~~~prescribed~~ forms of THC, nor can it distinguish between active or passive use. The plasma half-life for 9-carboxy THC metabolite is estimated to range from 4-12 hours.

~~This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.~~

Reference Interval:

Effective August 17, 2015

Drugs Covered	Cutoff Concentrations
11-Nor-9-carboxy-THC	5 ng/mL