

HOTLINE: Effective August 16, 2021

0090265

Theophylline

THEO

Specimen Required: Collect: Plain red. Also acceptable: Green (sodium heparin).

Specimen Preparation: Separate serum from cells within 2 hours of collection. Transfer 1 mL serum to an ARUP Standard Transport Tube. (Min: 0.2 mL)

Storage/Transport Temperature: Refrigerated.

Remarks: Lipemic specimens may cause an underestimation of Theophylline level

Unacceptable Conditions: Lipemic specimens. Gel separator tubes are not acceptable, regardless of the tube additive

Stability (collection to initiation of testing): After separation from cells: Ambient: 8 hours; Refrigerated: 8 days; Frozen: 3 months