TEST CHANGE

Librium and Nordiazepam

0090148, LIB

Specimen Requirements:	
Patient Preparation:	Timing of specimen collection: Predose~~Pre-dose~~ (trough) draw at~~- At~~ steady state concentration.
Collect:	Gray (potassium oxalate/sodium fluoride).~~Potassium Oxalate/Sodium Fluoride).~~ Also acceptable: Plain red, green (sodium heparin), lavender~~Red, Green (Sodium Heparin), Lavender~~ (K2 or K3EDTA) or pink (K2EDTA).
Specimen Preparation:	Separate serum or plasma from cells ASAP or within 2 hours of collection. Transfer 2 mL serum or plasma to an ARUP standard transport tube.~~Standard Transport Tube.~~ (Min: 1 mL)
Transport Temperature:	Refrigerated.
Unacceptable Conditions:	Gel separator tubes. Plasma or whole blood collected in light blue (sodium citrate). Hemolyzed specimens.
Remarks:	
Stability:	After separation from cells: Ambient: 1 week; Refrigerated: 2 weeks; Frozen: 3 years (Avoid repeated freeze/thaw cycles)
Methodology:	Quantitative Liquid Chromatography-Tandem Mass Spectrometry
Performed:	Tue, Fri
Reported:	1-7~~5~~ days
Note:	
CPT Codes:	80346 (Alt code: G0480)
New York DOH Approval Status:	This test is New York DOH approved.

Interpretive Data:

Adverse effects may include drowsiness, ataxia, nausea, and constipation.

Reference Interval:

Effective November 16, 2015

Components	Therapeutic Range
Librium	500-3000 ng/mL - Dose (Adult): 5-100 mg Toxic: Greater than 5000 ng/mL
Nordiazepam	100-1500 ng/mL - Based on normal dosages. Toxic: Greater than 2500 ng/mL