

HOTLINE: Effective August 16, 2021

0082024 Fetal Fibronectin

FFN

Specimen Required: <u>Patient Prep:</u> Collect specimen prior to any activities or procedures that might disrupt the cervix, eg, coitus, digital cervical examination, vaginal ultrasound, collection of culture specimens, or pap smear.

Testing should not be performed if the patient has had sexual intercourse within 24 hours prior to the sampling time because semen present may increase the possibility of a false-positive result. Contamination with lubricants, soaps, or disinfectants may cause invalid test results.

<u>Collect:</u> Insert the polyester-tipped swab provided in the specimen collection kit into the vagina and lightly rotate across the posterior fornix for approximately 10 seconds to absorb cervicovaginal secretions. Carefully remove the swab and place into the tube of buffer provided in the kit. Use only one specimen collection device per patient.

Specimen Preparation: Specimens that are not tested within eight hours of collection must be stored, refrigerated, and tested within 72 hours of collection. Avoid extreme temperatures. Transport swab in Fetal Fibronectin Specimen Collection Kit (ARUP supply #32748). Available online through eSupply using ARUP Connect[™] or contact Client Services at (800) 522-2787. **Required Information:** Specimen must be labeled with gestational age and list patient condition as either "symptomatic" or "asymptomatic." Storage/Transport Temperature: Frozen.

<u>Unacceptable Conditions:</u> Specimens collected in or by any specimen device other than Fetal Fibronectin Specimen Collection Kit, visible evidence of moderate or gross vaginal bleeding. Specimens from symptomatic patients who are less than 24 weeks or greater than or equal to 35 weeks gestation. Specimens from asymptomatic patients who are less than 22 weeks or greater than or equal to 35 weeks gestation.

Stability (collection to initiation of testing): Ambient: 8 hours; Refrigerated: 3 days; Frozen: 2 weeks Only one freeze/thaw cycle acceptable.