

HOTLINE: Effective November 18, 2019

0080480

Creatine Kinase, MB

CK MB

Specimen Required: Collect: Serum Separator Tube (SST), Green (Sodium or Lithium Heparin), or Lavender (K₂ or K₃ EDTA).

Specimen Preparation: Allow specimen to clot for 15-20 minutes at room temperature. Separate from cells ASAP or within 2 hours of collection. Transfer 2 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.5 mL)

Storage/Transport Temperature: Frozen.

Unacceptable Conditions: Specimens containing particulate material. Grossly hemolyzed specimens.

Stability (collection to initiation of testing): After separation from cells: Ambient: 12 hours; Refrigerated: 72 hours; Frozen: 3 months (No freeze/thaw cycles)

Reference Interval:

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Components	Reference Interval	
Creatine Kinase, Isoenzyme MB	Female	0 - 4.3 ng/mL
	Male	0 - 7.7 ng/mL

Note: Creatine Kinase, MB is quite labile. For calculation of relative percent, order Creatine Kinase, MB and Relative Percent (ARUP test code 3002030).

HOTLINE NOTE: Remove information found in the Specimen Required - Remarks field.