

HOTLINE: Effective April 4, 2022

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0070416

C-Telopeptide, Beta-Cross-Linked, Serum

CTX

**Specimen Required:** Patient Prep: Fasting specimen preferred.

Collect: Serum separator tube, Lavender (K<sub>2</sub> EDTA or K<sub>3</sub> EDTA), Pink (K<sub>2</sub> EDTA), or Green (lithium heparin). A morning specimen is preferred.

Specimen Preparation: Allow serum separator tube to sit for 15-20 minutes at room temperature for proper clot formation. Centrifuge and separate serum or plasma from cells ASAP or within 2 hours of collection. Transfer 1 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.5 mL)

Storage/Transport Temperature: **CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.**

Unacceptable Conditions: Hemolyzed specimens.

Stability (collection to initiation of testing): After separation from cells: Ambient: 4 hours; Refrigerated: 8 hours; Frozen: 3 months