

HOTLINE: Effective February 22, 2022

0070193 **Luteinizing Hormone and Follicle Stimulating Hormone**

LH/FSH

Specimen Required: Collect: Serum separator tube, plasma separator tube, Green (lithium heparin), Lavender (K2 EDTA or K3 EDTA).

Specimen Preparation: Allow specimen to clot completely at room temperature. Separate serum or plasma from cells ASAP or within 2 hours of collection. Transfer 2 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.5 mL)

 $\underline{Storage/Transport\ Temperature:}\ Refrigerated.$

<u>Unacceptable Conditions:</u> Grossly hemolyzed specimens.

Stability (collection to initiation of testing): After separation from cells: Ambient: 5 days; Refrigerated: 2 weeks; Frozen: 6 months