

0070155 Insulin, Free and Total

INS F&T

Specimen Required: Collect: Serum separator tube.

Specimen Preparation: Transfer 2 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 1.1 mL)

Storage/Transport Temperature: Frozen. **Separate specimens must be submitted when multiple tests are ordered.**

Unacceptable Conditions: Heparinized specimens. Sodium fluoride/potassium oxalate plasma. Hemolyzed specimens.

Stability (collection to initiation of testing): After separation from cells: Ambient: 8 hours; Refrigerated: 1 week; Frozen: 1 month

Reference Interval:

Effective August 16, 2021

Test Number	Components	Reference Interval
	Insulin, Free	3-25 µIU/mL
	Insulin, Total	3-25 µIU/mL