

**TEST CHANGE** 

Proinsulin, Intact 0070112, PROINS

Specimen Requirements:

Patient Preparation: Patient must fast for 10-12-15 hours prior to collection.

Collect: Serum separator tube (SST) or plain red. Also acceptable:

Lavender (K2EDTA) or pink (K2EDTA).

Specimen Preparation: Separate from cells ASAP or within 2 hours of collection.

Transfer 1 mL serum or plasma to an ARUP standard transport

Effective Date: January 20, 2026

tube and freeze immediately. (Min: 0.2 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted

when multiple tests are ordered.

Unacceptable Conditions: Grossly hemolyzed specimens.

Remarks:

Stability: After separation from cells: Ambient: Unacceptable;

Refrigerated: 24 hours; Frozen: 2 months

Methodology: Quantitative Chemiluminescent Immunoassay (CLIA)

Note:

CPT Codes: 84206

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Reference Interval:

Test Number	Components	Reference In	Reference Interval	
	Proinsulin, Intact			
		Age	pmol/L	
		0-17 year	Not established	
		18 years and older	Less than or equal to 7.3	