

HOTLINE: Effective August 16, 2021

0070063 Insulin, Fasting INSULIN FT

Specimen Required: Collect: Serum separator tube.

Specimen Preparation: Allow specimen to clot completely at room temperature. Separate serum from cells ASAP or within 2 hours of

collection. Transfer 1 mL serum to an ARUP Standard Transport Tube. (Min 0.4 mL)

 $\underline{Storage/Transport\ Temperature:}\ Frozen.$

Unacceptable Conditions: Heparinized plasma. Vitreous or I.V. fluids. Specimens collected in gray (sodium fluoride/potassium

oxalate). Hemolyzed specimens.

Stability (collection to initiation of testing): After separation from cells: Ambient: 8 hours; Refrigerated: 1 week; Frozen: 1 month

Reference Interval:

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3-25 μIU/mL