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**0070055 Follicle Stimulating Hormone, Serum****FSH**

**Specimen Required:** Collect: Serum separator tube or plasma separator tube. Also acceptable: **Green** (lithium heparin), **Lavender** (K<sub>2</sub> EDTA or K<sub>3</sub> EDTA), or **Pink** (K<sub>2</sub> EDTA).  
Specimen Preparation: Pooled specimens must be all serum or all plasma. Allow specimen to clot completely at room temperature and separate serum or plasma from cells ASAP or within 2 hours of collection. Transfer 1 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.3 mL)  
Storage/Transport Temperature: Refrigerated.  
Unacceptable Conditions: Hemolyzed specimens.  
Stability (collection to initiation of testing): After separation from cells: Ambient: 5 days; Refrigerated: 2 weeks; Frozen: 6 months