

HOTLINE: Effective June 6, 2022

0070036

Histamine, Plasma

HIST-P

Specimen Required: Collect: Lavender (EDTA) or pink (K₂EDTA). Collect in a pre-chilled tube and on ice.

Specimen Preparation: Centrifuge refrigerated and separate upper two-thirds of plasma within 20 minutes. **If EDTA gel collection tube is used, the plasma must be collected immediately after centrifugation and frozen separately.**

Transfer 1 mL plasma to an ARUP Standard Transport Tube and freeze immediately. (Min: 0.5 mL)

Storage/Transport Temperature: **CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.**

Unacceptable Conditions: Lipemic or hemolyzed specimens.

Stability (collection to initiation of testing): After separation from cells: Ambient: Unacceptable; Refrigerated: 6 hours; Frozen: 6 months