

**TEST CHANGE**

**Aldosterone 30 Minute**

0070016, ALDO 30

**Specimen Requirements:**

**Patient Preparation:** Blood should be obtained in seated position in the morning without venous stasis (release tourniquet Collect midmorning after venipuncture and wait patient has been sitting, standing or walking for at least 2 hours and seated for 5 seconds before withdrawing blood). ~~+5 minutes~~. Refer to the Additional Technical Information for specific patient preparation recommendations.

**Collect:** Serum separator tube~~Separator Tube~~ (SST) or plain red~~Plain Red~~.

**Specimen Preparation:** Separate from cells ASAP or within 2 hours of collection. Transfer 1 mL serum to an ARUP standard transport tube~~Standard Transport Tube~~. (Min: 0.5 mL)

**Transport Temperature:** Frozen.

**Unacceptable Conditions:** EDTA plasma.

**Remarks:**

**Stability:** After separation from cells: Ambient: 8 hours; Refrigerated: 5 days; Frozen: 1 month

**Methodology:** Quantitative Chemiluminescent Immunoassay (CLIA)

**Note:** Refer to the Additional Technical Information for Endocrine Society recommendations for patient preparation, specimen collection, medications for hypertension control during confirmatory testing for primary aldosteronism, and factors that may lead to false-positive or false-negative aldosterone-renin ratio (ARR) results.

**CPT Codes:** 82088

**New York DOH Approval Status:** This test is New York DOH approved.

**Interpretive Data:**

**Reference Interval:**

Greater than 7.0 ng/dL

Test Number	Components	Reference Interval
	Aldosterone 30m	Greater than 7.0 ng/dL



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and its Department of Pathology*

Effective Date: **April 20, 2026**