

TEST CHANGE

Beta-2 Transferrin 0050047, B2TRNSF

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Specimen	Requ	irements:

Patient Preparation:

Collect: <u>Aural or nasal fluid in sterile container (test tube, microtube,</u>

syringe). If submitting syringe, remove needle and cap the end

Effective Date: August 19, 2024

of syringe.

Aural or nasal fluid in sterile container. If there is enough secretion, the specimen is collected in a test tube. A specimen can also be obtained by specifically applied suction. Straining, increase in abdominal pressure, or performance of the Valsalva maneuver may result in an increase in drainage. Specimen kept refrigerated may be collected if there is slow or intermittent

flow or fluid.

Specimen Preparation: <u>Indicate specimen source. SubmitTransport</u> 2 mL <u>of</u> aural or

nasal fluid in <u>sterile container</u> <u>a tube</u> without preservative.

(Min: 1 mL <u>of</u> aural or nasal fluid) <u>If direct collection is not</u>
<u>feasible</u>, <u>specimen may be collected using a plain cotton swab</u>
<u>or gauze and submitted in a sterile container</u> (plain test tube or
<u>collection container</u>). Do not add any liquid to the swab or
<u>gauze</u>. Do not collect <u>specimen</u> with a culture swab.

Transport Temperature: <u>Frozen (preferred) or refrigerated.</u>

Refrigerated.

Unacceptable Conditions: <u>Specimens grossly contaminated with blood. Specimens</u>

collected with additives (e.g., microbiology media, EDTA, etc.).

CSF fluid.

Remarks: <u>Aural or nasal specimens may be contaminated with saliva,</u>

which can degrade transferrin protein. These specimens should be frozen immediately after collection and transported in

frozen temperature.

Stability: Ambient: 2 weeks; Refrigerated: 2 weeks; Frozen: 2 weeks

Methodology: Qualitative Immunofixation Electrophoresis (IFE)

Performed: Sun-Sat

Reported: 1-4 days

Note: <u>Beta-2 transferrin is also found in aqueous humor. Rare allelic</u>



variants of transferrin may cause false positive results in the detection of CSF leakage. Simultaneous analysis of serum and CSF from the same individual is suggested to rule out these rare false-positive results.

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The beta-2 transferrin protein assay by IFE methodology is not a reliable method for detecting human perilymph due to the low sensitivity of the assay.

CPT Codes: 86335

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Detection of a beta-2 transferrin band by immunofixationIFE is indicative of diagnostic for the presence of cerebrospinal fluid (CSF). This test is useful in the specimen differential diagnosis for CSF otorrhea or CSF rhinorrhea. Beta-2 transferrin is not detected by this methodology in normal serum, tears, saliva, sputum, nasal, or aural fluid.

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA certified laboratory and is intended for clinical purposes.

Reference Interval:

None detected