

TEST CHANGE

APC Resistance Profile

0030127, APC RST

Specimen Requirements:

Patient Preparation:

Collect: Lt. blue (sodium citrate). Special Refer to Specimen Collection

<u>and Handling Hemostasis/Thrombosis Specimens guide</u>

<u>located</u> at <u>https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-</u>

Thrombosis.pdf-for hemostasis/thrombosis specimen handling

Effective Date: October 20, 2025

guidelines.

Specimen Preparation: Transfer 1.5 mL platelet-poor plasma to an ARUP <u>standard</u>

transport tube. Standard Transport Tube. (Min: 1 mL)

Transport Temperature: CRITICAL FROZEN. Separate specimens must be submitted

when multiple tests are ordered.

Unacceptable Conditions: Serum. EDTA plasma, clotted or hemolyzed specimens.

Remarks:

Stability: Ambient: 4 hours; Refrigerated: Unacceptable; Frozen at -20

Degrees C: 3 months; Frozen at -70 Degrees C: 6 months

Methodology: Electromagnetic Mechanical Clot Detection

Performed: Mon-Sat

Reported: 1-4 days

Note:

CPT Codes: 85307

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Ratios less than 2.00 suggest APC resistance. This method uses factor V deficient plasma; therefore, APC resistance due to a nonfactor V mutation will not be detected. Extreme factor V deficiency or presence of direct oral anticoagulants (DOACs) may cause an unreliable ratio.

Reference Interval:

2.000 or greater



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