

TEST CHANGE

Factor VIII Activity with Reflex to Bethesda Quantitative, Factor VIII 0030026, F8 BETHR

Effective Date: October 20, 2025

0000020,10 B211111	
Specimen Requirements:	
Patient Preparation:	
Collect:	Lt. blue (sodium citrate). SpecialRefer to Specimen Collection and Handling Hemostasis/Thrombosis Specimens guide located at https://www.aruplab.com/Specimen-Handling/SpecialSpecimenCollection/Hemostasis-Thrombosis.pdf for hemostasis/thrombosis specimen handling guidelines.
Specimen Preparation:	Transfer two 3 mL aliquots of platelet-poor plasma to ARUP standard transport tubes. Standard Transport Tubes. (Min: 2 mL/each)
Transport Temperature:	CRITICAL FROZEN. Separate specimens must be submitted when multiple tests are ordered.
Unacceptable Conditions:	Serum. EDTA plasma, clotted or hemolyzed specimens.
Remarks:	
Stability:	Ambient: 4 hours; Refrigerated: Unacceptable; Frozen at -20 Degrees C: 3 months; Frozen at -70 Degrees C: 6 months
Methodology:	Electromagnetic Mechanical Clot Detection
Performed:	Mon-Sat
Reported:	1-3 days
Note:	If Factor VIII activity is 20 percent or less, then Bethesda Quantitative, Factor VIII will be added. Additional charges apply.
CPT Codes:	85240; if reflexed, add 85335
New York DOH Approval Status:	This test is New York DOH approved.
Interpretive Data:	
Reference Interval:	



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Test Number	Components	Reference Interval		
	Bethesda Quantitative, F8	0.5 BU or less		
	Factor VIII, Activity			
		Age	Reference Interval (%)	
		0-6 years	56-191	
		7-9 years	76-199	
		10-11 years	80-209	
		12-13 years	72-198	
		14-15 years	69-237	
		16-17 years	63-221	
		18 years and older	56-191	