

## TEST CHANGE

### Arsenic, Fractionated, Urine

0020734, AS UF

#### Specimen Requirements:

##### Patient Preparation:

**Collect:** 24-hour or random urine collection. Specimen must be collected in a plastic container and should be refrigerated during collection. ARUP studies indicate that refrigeration of urine alone, during and after collection, preserves specimens adequately if tested within 14 days of collection.

**Specimen Preparation:** Transfer an 8 mL aliquot of urine from a well-mixed collection to ARUP Trace Element-Free Transport Tubes (ARUP supply #43116). Available online through eSupply using ARUP Connect(TM) or contact ARUP Client Services at (800)-522-2787. (Min: 2 mL)

**Transport Temperature:** Refrigerated. Also acceptable: Room temperature or frozen.

**Unacceptable Conditions:** Urine collected within 48 hours after administration of a gadolinium (Gd) containing contrast media (may occur with MRI studies). Acid preserved urine. Specimens contaminated with blood or fecal material. Specimens transported in ~~nontrace~~~~non-trace~~ element-free transport tube (with the exception of the original device).

**Remarks:** Record total volume and collection time interval on transport tube and on test request form.

**Stability:** Ambient: 2 weeks; Refrigerated: 2 weeks; Frozen: 2 months

**Methodology:** Quantitative High Performance Liquid Chromatography (HPLC) / Quantitative Inductively Coupled Plasma-Mass Spectrometry (ICP-MS)

#### Note:

**CPT Codes:** 82175

**New York DOH Approval Status:** This test is New York DOH approved.

#### Interpretive Data:

The ACGIH Biological Exposure Index for the sum of inorganic and methylated species of arsenic is 35 ug/L. Inorganic species of arsenic are most toxic. Methylated species arise primarily from metabolism of inorganic species but may also come from dietary sources and are of moderate toxic potential. The organic species of arsenic are considered nontoxic and arise primarily from food. The sum of the inorganic, methylated, and organic species of arsenic may be lower than the total arsenic concentration due to the presence of unidentified organic species of arsenic.

Elevated results may be due to skin or collection-related contamination, including the use of collection containers that are not certified to be trace element-free. If an elevated result is

suspected to be due to contamination, confirmation with a second specimen collected in a certified trace element-free container is recommended.

Methodology: Inductively Coupled Plasma - Mass Spectrometry (ICP-MS)

Reference Interval:

Test Number	Components	Reference Interval
	Arsenic, Inorganic	By report
	Arsenic, Methylated	By report
	Arsenic, Organic	By report