

**TEST CHANGE**

Osmolality, Urine

0020228, UOSMO

Specimen Requirements:

Patient Preparation:

Collect: Urine.

Specimen Preparation: Transfer 1 mL aliquot from a well-mixed urine to an ARUP [standard transport tube](#). ~~Standard Transport Tube~~. (Min: 0.5 mL)

Transport Temperature: Frozen.

Unacceptable Conditions: Urine collected with preservatives.

Remarks:

Stability: Ambient: 24 hours; Refrigerated: 1 week; Frozen: 6 months

Methodology: Freezing Point

Performed: Sun-Sat

Reported: [1-3 days](#)  
[Within 24 hours](#)

Note:

CPT Codes: 83935

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Reference Interval:

0-30 days: 50-645 mOsm/kg

1 month-16 years: 50-1500 mOsm/kg

17 years and older: 50-800 mOsm/kg