

**TEST CHANGE**

Viscosity, Serum

0020056, VIS-S

Specimen Requirements:

Patient Preparation:

Collect: Serum separator or plain red tube.

Specimen Preparation: Transfer 1 mL serum to an ARUP [standard transport tube](#). ~~Standard Transport Tube~~. (Min: 0.5 mL)

Transport Temperature: Refrigerated.

Unacceptable Conditions: Clotted specimens.

Remarks:

Stability: After separation from cells: Ambient: 24 hours; Refrigerated: 7 days; Frozen: 1 month

Methodology: Quantitative Viscometry

Performed: [Sun, Tue, Thu, Mon-Fri](#)

Reported: 1-4 days

Note:

CPT Codes: 85810

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

[Increased viscosity is associated with disorders such as monoclonal gammopathy, macroglobulinemia, and multiple myeloma. Significantly elevated viscosity \(>3.0 cP\) is associated with clinical symptoms of hyperviscosity syndrome. This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.](#)

Reference Interval:

~~Effective August 19, 2019~~  
1.51-1.80 cP