ARUP LABORATORIES | *A nonprofit enterprise of the University of Utah and its Department of Pathology*

Effective Date: October 20, 2025

TEST CHANGE

Phospholipids, Serum or Plasma

0020042, LIP-P

Specimen Requirements:	
Patient Preparation:	Patient should fast for 12 hours prior to collection.
Collect:	Serum separator tube, plain red, lavender~~. Also acceptable: Lavender~~ (EDTA), pink (K2EDTA), or green (sodium or lithium heparin).
Specimen Preparation:	Allow specimen to clot completely at room temperature. Transfer 1 mL serum or plasma to an ARUP standard transport tube.~~Standard Transport Tube.~~ (Min: 0.5 mL)
Transport Temperature:	Refrigerated~~.~~
Unacceptable Conditions:	
Remarks:	
Stability:	After separation from cells: Room Temperature~~Ambient~~: 8 hours; Refrigerated: 1 month; Frozen: 1 month
Methodology:	Quantitative Spectrophotometry
Performed:	Mon, Wed, Fri
Reported:	1-4 days
Note:	
CPT Codes:	84311
New York DOH Approval Status:	This test is New York DOH approved.

Interpretive Data:

~~This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA certified laboratory and is intended for clinical purposes.~~

Reference Interval:

160-300 mg/dL

Deleted Cells