

HOTLINE: Effective February 22, 2022

0020007 Aspartate Aminotransferase, Serum or Plasma

AST

Specimen Required: Collect: Plasma separator tube or serum separator tube.

Specimen Preparation: Allow serum tube to clot completely at room temperature. Separate serum or plasma from cells within 2 hours of collection. Transfer 1 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.2 mL)

Storage/Transport Temperature: Refrigerated.

Unacceptable Conditions: Specimens containing sodium fluoride/potassium oxalate, EDTA, or citrate. Hemolyzed specimens.

Specimens containing cellular material.

Stability (collection to initiation of testing): After separation from cells: Ambient: 4 days; Refrigerated: 1 week; Frozen: 3 months