

Client: Example Client ABC123 123 Test Drive Salt Lake City, UT 84108 UNITED STATES

Physician: Doctor, Example

Patient: Patient, Example

DOB /1990

Gender: Female

Patient Identifiers: 01234567890ABCD, 012345

Visit Number (FIN): 01234567890ABCD **Collection Date:** 00/00/0000 00:00

Medium Chain Acyl-CoA Dehydrogenase (ACADM) 2 Variants

ARUP test code 3019336

MCAD_PCR Specimen

Whole Blood

MCAD A985G

Negative

MCAD T199C

Negative

Medium Chain Acyl-CoA Interpretation

See Note

Indication for testing: Carrier screening or diagnostic testing

for MCAD deficiency.

Result A985G: Negative T199C: Negative

This sample is negative for the ACADM variants, c.985A>G and c.199T>C. Persons affected with medium chain acyl-CoA dehydrogenase (MCAD) deficiency may have pathogenic variants not detected by this assay. If the patient has biochemical and/or clinical evidence of MCAD deficiency, plasma acylcarnitine profile testing and/or ACADM gene sequencing is recommended.

This result has been reviewed and approved by

H=High, L=Low, *=Abnormal, C=Critical

4848



BACKGROUND INFORMATION: Medium Chain Acyl-CoA Dehydrogenase **PCR**

CHARACTERISTICS: Limited mitochondrial fatty acid beta-oxidation leading to hypoglycemia, lethargy, seizures, hypoketotic aciduria, vomiting, hepatomegaly, hepatic failure, encephalopathy, and sudden death. Manifestations often triggered by prolonged fasting or other metabolic stressors.

INCIDENCE: 1 in 15,000

INHERITANCE: AUCOSOMA recessive.

CAUSE: Deleterious ACADM game mutations

CAUSE: Deleterious ACADM gene mutations. CLINICAL SENSITIVITY: 75 percent for MCAD deficiency. MUTATIONS TESTED: ACADM mutations c.985A>G (p.K329E, also known as K304E) and c.199T>C (p.Y67H, also known as Y42H).
METHODOLOGY: Polymerase chain reaction (PCR) and fluorescence

monitoring.

ANALYTICAL SENSITIVITY AND SPECIFICITY: 99 percent. LIMITATIONS: Diagnostic errors can occur due to rare sequence variations. ACADM mutations other than c.985A>G and c.199T>C will not be detected.

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA certified laboratory and is intended for clinical purposes.

Counseling and informed consent are recommended for genetic testing. Consent forms are available online

VERIFIED/REPORTED DATES				
Procedure	Accession	Collected	Received	Verified/Reported
MCAD_PCR Specimen	25-204-102489	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
MCAD A985G	25-204-102489	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
MCAD T199C	25-204-102489	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Medium Chain Acyl-CoA Interpretation	25-204-102489	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00

END OF CHART

H=High, L=Low, *=Abnormal, C=Critical

Patient: Patient, Example ARUP Accession: 25-204-102489 Patient Identifiers: 01234567890ABCD, 012345 Visit Number (FIN): 01234567890ABCD Page 2 of 2 | Printed: 8/20/2025 7:24:27 AM

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