

Client: Example Client ABC123
123 Test Drive
Salt Lake City, UT 84108
UNITED STATES

Physician: Doctor, Example

Patient: Patient, Example

DOB: 10/28/1982
Gender: Female
Patient Identifiers: 01234567890ABCD, 012345
Visit Number (FIN): 01234567890ABCD
Collection Date: 00/00/0000 00:00

Homocysteine, Total

ARUP test code 0099869

Homocysteine, Total	10 umol/L	(Ref Interval: 0-15)
INTERPRETIVE INFORMATION: Homocysteine, Total		
Elevated total homocysteine (tHcy) concentrations may be associated with vitamin B12 deficiency, folate deficiency, or inherited disorders of methionine metabolism. tHcy may also be used as a weak-graded risk factor for cardiovascular disease or stroke.		

Protein C, Functional

ARUP test code 0030113

Protein C Functional	159 %	(Ref Interval: 83-168)
INTERPRETIVE INFORMATION: Protein C, Functional		
Patients on warfarin may have decreased protein C values. Patients should be off warfarin therapy for two weeks for accurate measurement of protein C levels. Artificially increased functional protein C values may be due to heparin therapy or the presence of direct thrombin inhibitors or factor xa inhibitors.		
Access complete set of age- and/or gender-specific reference intervals for this test in the ARUP Laboratory Test Directory (aruplab.com).		

Protein S Free, Antigen

ARUP test code 0098894

Protein S Ag Free	93 %	(Ref Interval: 55-123)
INTERPRETIVE INFORMATION: Protein S Ag, FREE		
Patients on warfarin may have decreased free protein S values. Patients should be off warfarin therapy for two weeks for accurate measurement of free protein S levels. Decreased levels of free protein S are also associated with DIC, liver disease, pregnancy, and inflammatory syndromes.		
Access complete set of age- and/or gender-specific reference intervals for this test in the ARUP Laboratory Test Directory (aruplab.com).		

H=High, L=Low, *=Abnormal, C=Critical

Antithrombin, Enzymatic (Activity)

ARUP test code 0030010

Antithrombin, Enzymatic (Activity)	110 %	(Ref Interval: 76-128)
REFERENCE INTERVAL: Antithrombin, Enzymatic (Activity)		
Access complete set of age- and/or gender-specific reference intervals for this test in the ARUP Laboratory Test Directory (aruplab.com).		

Lupus Anticoagulant Reflex Panel

ARUP test code 3017009

Prothrombin Time (PT)	12.9 s	(Ref Interval: 12.0-15.5)
PTT-LA Ratio	0.93	(Ref Interval: <=1.20)
dRVVT Screen Ratio	0.81	(Ref Interval: <=1.20)
Anti-Xa Qualitative Interpretation	Not Performed	(Ref Interval: Not Present)
Thrombin Time (TT)	Not Performed s	(Ref Interval: <=19.5)
Anticoagulant Medication Neutralization	Not Performed	(Ref Interval: Not Performed)
Neutralized PTT-LA Ratio	Not Performed	(Ref Interval: <=1.20)
Neutralized dRVVT Screen Ratio	Not Performed	(Ref Interval: <=1.20)
dRVVT 1:1 Mix Ratio	Not Performed	(Ref Interval: <=1.20)
dRVVT Confirmation Ratio	Not Performed	(Ref Interval: <=1.20)
Hexagonal Phospholipid Confirmation	Not Performed s	(Ref Interval: <=7.9)
Lupus Anticoagulant, Interpretation	See Note	

H=High, L=Low, *=Abnormal, C=Critical

Unless otherwise indicated, testing performed at:

Lupus anticoagulant not detected.

This panel did not detect evidence for heparin, direct thrombin inhibitors, or direct Xa inhibitors and drug neutralization was not performed.

Lupus anticoagulant antibodies are heterogeneous and antibody titers fluctuate over time. Laboratory tests used to identify lupus anticoagulant demonstrate variable sensitivity. Testing is best performed when the patient is not acutely ill and not anticoagulated. If there is strong clinical suspicion for antiphospholipid antibody syndrome (APS), consider testing for cardiolipin and beta-2 glycoprotein 1 antibodies (IgG and IgM) if this testing has not already been performed.

INTERPRETIVE INFORMATION: Lupus Anticoagulant Reflex Panel

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the U.S. Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.

Thrombotic Risk Reflex Panel

ARUP test code 3017156

Thrombosis Interpretation - Risk

See Note

No thrombotic risk factor is identified.

INTERPRETIVE INFORMATION: Thrombotic Risk Reflex Panel

Refer to individual components

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the U.S. Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.

Counseling and informed consent are recommended for genetic testing. Consent forms are available online.

Beta-2 Glycoprotein 1 Antibodies, IgG and IgM

ARUP test code 0050321

B2Glycoprotein 1, IgG Antibody	<10 SGU	(Ref Interval: <=20)
B2Glycoprotein 1, IgM Antibody	<10 SMU	(Ref Interval: <=20)

H=High, L=Low, *=Abnormal, C=Critical

Unless otherwise indicated, testing performed at:

INTERPRETIVE INFORMATION: B2Glycoprotein I, IgG and IgM Antibody

The persistent presence of IgG and/or IgM beta 2 glycoprotein I (B2GPI) antibodies is a laboratory criterion for the diagnosis of antiphospholipid syndrome (APS). Persistence is defined as moderate or high levels of IgG and/or IgM B2GPI antibodies detected in two or more specimens drawn at least 12 weeks apart (J Throm Haemost. 2006;4:295-306). B2GPI results greater than 20 SGU (IgG) and/or SMU (IgM) are considered positive based on the cutoff values established for this test. International reference materials and consensus units for anti-B2GPI antibodies have not been established (Clin Chim Acta. 2012;413(1-2):358-60; Arthritis Rheum. 2012;64(1):1-10.); results can be variable between different commercial immunoassays and cannot be compared. Strong clinical correlation is recommended for a diagnosis of APS. Low positive IgG and IgM B2GPI antibody levels should be interpreted in light of APS-specific clinical manifestations and/or other criteria phospholipid antibody tests.

Cardiolipin Antibodies, IgG and IgM

ARUP test code 0099344

Cardiolipin Antibody IgG

<10 GPL (Ref Interval: <=14)

INTERPRETIVE INFORMATION: Anti-Cardiolipin IgG Ab

<=14 GPL: Negative
15-19 GPL: Indeterminate
20-80 GPL: Low to Moderately Positive
81 GPL or above: High Positive

The persistent presence of IgG and/or IgM cardiolipin (CL) antibodies in moderate or high levels (greater than 40 GPL and/or greater than 40 MPL units) is a laboratory criterion for the diagnosis of antiphospholipid syndrome (APS). Persistence is defined as moderate or high levels of IgG and/or IgM CL antibodies detected in two or more specimens drawn at least 12 weeks apart (J Throm Haemost. 2006;4:295-306). Lower positive levels of IgG and/or IgM CL antibodies (above cutoff but less than 40 GPL and/or less than 40 MPL units) may occur in patients with the clinical symptoms of APS; therefore, the actual significance of these levels is undefined. Results should not be used alone for diagnosis and must be interpreted in light of APS-specific clinical manifestations and/or other criteria phospholipid antibody tests.

Cardiolipin Antibody IgM

<10 MPL (Ref Interval: <=12)

H=High, L=Low, *=Abnormal, C=Critical

INTERPRETIVE INFORMATION: Anti-Cardiolipin IgM

<=12 MPL: Negative
13-19 MPL: Indeterminate
20-80 MPL: Low to Moderately Positive
81 MPL or above: High Positive

The persistent presence of IgG and/or IgM cardiolipin (CL) antibodies in moderate or high levels (greater than 40 GPL and/or greater than 40 MPL units) is a laboratory criterion for the diagnosis of antiphospholipid syndrome (APS). Persistence is defined as moderate or high levels of IgG and/or IgM CL antibodies detected in two or more specimens drawn at least 12 weeks apart (J Throm Haemost. 2006;4:295-306). Lower positive levels of IgG and/or IgM CL antibodies (above cutoff but less than 40 GPL and/or less than 40 MPL units) may occur in patients with the clinical symptoms of APS; therefore, the actual significance of these levels is undefined. Results should not be used alone for diagnosis and must be interpreted in light of APS-specific clinical manifestations and/or other criteria phospholipid antibody tests.

APC Resistance Profile with Reflex to Factor V Leiden

ARUP test code 0030192

APC Resistance	4.51	(Ref Interval: >=2.00)
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TEST INTERPRETATION: APC Resistance Profile

Ratios less than 2.00 suggest APC resistance. This method uses factor V deficient plasma; therefore, APC resistance due to a nonfactor V mutation will not be detected. Extreme factor V deficiency or presence of direct oral anticoagulants (DOACs) may cause an unreliable ratio.

FACV REF Specimen	Not Done
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Factor V Leiden by PCR	Not Done
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Because the APCR was negative, the Factor V Leiden by PCR assay was not run.

Prothrombin (F2) c.*97G>A (G20210A) Pathogenic Variant

ARUP test code 0056060

PT PCR Specimen	whole blood
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Prothrombin (F2) G20210A Variant	Negative
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Unless otherwise indicated, testing performed at:

Indication for testing: Assess genetic risk for thrombosis.

NEGATIVE: The Factor II, prothrombin G20210A mutation, was not detected. Other causes of elevated prothrombin levels and hereditary forms of venous thrombosis have not been excluded.

Recommendations: If clinically indicated, testing for other inherited or acquired thrombophilic disorders is recommended including DNA testing for the factor V Leiden mutation, measurement of total plasma homocysteine concentration, serological assays for anticardiolipin antibodies, multiple phospholipid-dependent coagulation assays for lupus inhibitor, protein C activity, protein S activity or free protein S antigen, and antithrombin activity.

This result has been reviewed and approved by [REDACTED]

BACKGROUND INFORMATION: Prothrombin (F2) c.*97G>A (G20210A) Pathogenic Variant
CHARACTERISTICS: The Factor II, c.*97G>A (G20210A) pathogenic variant is a common genetic risk factor for venous thrombosis associated with elevated prothrombin levels leading to increased rates of thrombin generation and excessive growth of fibrin clots. The expression of Factor II thrombophilia is impacted by coexisting genetic thrombophilic disorders, acquired thrombophilic disorders (eg, malignancy, hyperhomocysteinemia, high factor VIII levels), and circumstances including: pregnancy, oral contraceptive use, hormone replacement therapy, selective estrogen receptor modulators, travel, central venous catheters, surgery, and organ transplantation.
INCIDENCE: Approximately 2 percent of Caucasians and 0.3 percent of African Americans are heterozygous; homozygosity occurs in 1 in 10,000 individuals.
INHERITANCE: Incomplete autosomal dominant.
PENETRANCE: The risk of thrombosis is increased 2-4 fold for heterozygotes and further increased for homozygotes.
CAUSE: Homozygosity or heterozygosity for F2 c.*97G>A (G20210A).
PATHOGENIC VARIANT TESTED: F2 c.*97G>A (G20210A).
CLINICAL SENSITIVITY FOR VENOUS THROMBOSIS: Approximately 10 percent.
METHODOLOGY: Polymerase chain reaction and fluorescence monitoring.
ANALYTICAL SENSITIVITY AND SPECIFICITY: 99 percent.
LIMITATIONS: Diagnostic errors can occur due to rare sequence variations. F2 gene variants, other than c.*97G>A (G20210A), will not be detected.

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VERIFIED/REPORTED DATES

Procedure	Accession	Collected	Received	Verified/Reported
Homocysteine, Total	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Protein C Functional	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Protein S Ag Free	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Antithrombin, Enzymatic (Activity)	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
APC Resistance	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Prothrombin Time (PT)	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
PTT-LA Ratio	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
dRVVT Screen Ratio	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Anti-Xa Qualitative Interpretation	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Thrombin Time (TT)	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Anticoagulant Medication Neutralization	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Neutralized PTT-LA Ratio	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Neutralized dRVVT Screen Ratio	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
dRVVT 1:1 Mix Ratio	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
dRVVT Confirmation Ratio	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Hexagonal Phospholipid Confirmation	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Lupus Anticoagulant, Interpretation	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Thrombosis Interpretation - Risk	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
B2Glycoprotein 1, IgG Antibody	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
B2Glycoprotein 1, IgM Antibody	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Cardiolipin Antibody IgG	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Cardiolipin Antibody IgM	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
FACV REF Specimen	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Factor V Leiden by PCR	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
PT PCR Specimen	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Prothrombin (F2) G20210A Variant	24-050-133176	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00

END OF CHART

H=High, L=Low, *=Abnormal, C=Critical

Unless otherwise indicated, testing performed at:

ARUP LABORATORIES | 800-522-2787 | aruplab.com
500 Chipeta Way, Salt Lake City, UT 84108-1221
Jonathan R. Genzen, MD, PhD, Laboratory Director

Patient: Patient, Example
ARUP Accession: 24-050-133176
Patient Identifiers: 01234567890ABCD, 012345
Visit Number (FIN): 01234567890ABCD
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