

Patient Report | FINAL

ARDP

Client: Example Client ABC123 123 Test Drive Salt Lake City, UT 84108 UNITED STATES

Physician: Doctor, Example

Patient: Patient, Example

DOB 12/6/1992

Gender: Male

Patient Identifiers: 01234567890ABCD, 012345

Visit Number (FIN): 01234567890ABCD **Collection Date:** 00/00/0000 00:00

Birt-Hogg-Dube Syndrome (FLCN) Sequencing and Deletion/Duplication

ARUP test code 3005703

FLCN Specimen Whole Blood

FLCN Interp Positive

H=High, L=Low, *=Abnormal, C=Critical



One pathogenic variant was detected in the FLCN gene.

PATHOGENIC VARIANT Gene: FLCN (NM_144997.7)

Nucleic Acid Change: c.890_893del; Heterozygous Amino Acid Alteration: p.Glu297AlafsTer25 Inheritance: Autosomal dominant

INTERPRETATION

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One pathogenic variant, c.890_893del; p.Glu297AlafsTer25, was
detected in the FLCN gene by massively parallel sequencing. This
result is consistent with a diagnosis of Birt-Hogg-Dube syndrome
(MIM: 135150). National Comprehensive Cancer Network (NCCN)
guidelines are available for renal cancer risk management in
heterozygous individuals. This individual's offspring have a 50
percent chance of inheriting the pathogenic variant.

Please refer to the background information included in this report for the methodology and limitations of this test.

Evidence for variant classification: The FLCN c.890_893del; p.Glu297AlafsTer25 variant (rs398124541), also known as 1388_1391delAAAG, is reported in individuals with Birt-Hogg-Dube syndrome (Dow 2016, Kluger 2010, Sprague 2016, Woodward 2008) and classified as pathogenic in Clinvar (Variation ID: 96492). This variant is only observed on 2 alleles in the Genome Aggregation Database, indicating it is not a common polymorphism. This variant causes a frameshift by deleting 4 nucleotides, so it is predicted to result in a truncated protein or mRNA subject to nonsense-mediated decay. Based on available information, this variant is considered to be pathogenic.

RECOMMENDATIONS

Genetic consultation is indicated, including a discussion of medical screening and management. At risk family members should be offered testing for the identified pathogenic FLCN variant (Familial Targeted Sequencing, ARUP test code 3005867).

Likely benign and benign variants are not reported. Variants in the following region(s) may not be detected by NGS with sufficient confidence in this sample due to technical limitations: NONE

REFERENCES

Dow E et al. Renal angiomyolipoma in Birt-Hogg-Dube syndrome: A case study supporting overlap with tuberous sclerosis complex. Am J Med Genet A. 2016 Dec;170(12):3323-3326.

Kluger N et al. Birt-Hogg-Dube syndrome: clinical and genetic studies of 10 French families. Br J Dermatol. 2010 Mar;162(3):527-37.

National Comprehensive Cancer Network. Kidney Cancer (4.2022): www.nccn.org/professionals/physician_gls/pdf/kidney.pdf

Sprague J et al. Birt-Hogg-Dube Syndrome Presenting as a Nevus Comedonicus-Like Lesion in an 8-Year-Old Boy. Pediatr Dermatol. 2016 Sep;33(5):e294-5.

Woodward ER et al. Familial non-VHL clear cell (conventional) renal cell carcinoma: clinical features, segregation analysis, and mutation analysis of FLCN. Clin Cancer Res. 2008 Sep 15;14(18):5925-30.

This result has been reviewed and approved by ■

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BACKGROUND INFORMATION: Birt-Hogg-Dube Syndrome (FLCN)
Sequencing and Deletion/Duplication
CHARACTERISTICS: Birt-Hogg-Dube syndrome (BHDS) is characterized
by cutaneous manifestations, pulmonary cysts (typically with
history of pneumothorax), and various renal tumors.

 ${\tt EPIDEMIOLOGY:}$ Approximately two individuals per million in the general population are estimated to have ${\tt BHDS.}$

CAUSE: BHDS is caused by heterozygous pathogenic germline variants in the FLCN gene.

INHERITANCE: Autosomal dominant

PENETRANCE: Approximately 90-95 percent of individuals with a single pathogenic FLCN variant will develop at least one feature of RHDS

CLINICAL SENSITIVITY: Approximately 96 percent

GENE TESTED: FLCN (NM_144997)

METHODOLOGY: Probe hybridization-based capture of all coding exons and exon-intron junctions of the FLCN gene, followed by massively parallel sequencing. Sanger sequencing was performed as necessary to fill in regions of low coverage and to confirm reported variants that do not meet acceptable quality metrics. A proprietary bioinformatic algorithm was used to detect large (single exon-level or larger) deletions or duplications in the indicated genes. Large deletions/duplications confirmed using an orthogonal exon-level microarray. Human genome build 19 (Hg 19) was used for data analysis.

ANALYTICAL SENSITIVITY/SPECIFICITY: The analytical sensitivity is approximately 99 percent for single nucleotide variants (SNVs) and greater than 93 percent for insertions/duplications/deletions (indels) from 1-10 base pairs in size. Indels greater than 10 base pairs may be detected, but the analytical sensitivity may be reduced. Deletions of 2 exons or larger are detected with sensitivity greater than 97 percent; single exon deletions are detected with 62 percent sensitivity. Duplications of 3 exons or larger are detected at greater than 83 percent sensitivity. Specificity is greater than 99.9 percent for all variant classes.

LIMITATIONS: A negative result does not exclude a diagnosis of Birt-Hogg-Dube syndrome or FLCN-associated tumors. This test only detects variants within the coding regions and intron-exon boundaries of the FLCN gene. Deletions/duplications/insertions of any size may not be detected by massively parallel sequencing. Regulatory region variants and deep intronic variants will not be identified. Precise breakpoints for large deletions or duplications are not determined in this assay and single exon deletions/duplications may not be detected based on the breakpoints of the rearrangement. The actual breakpoints for the deletion or duplication may extend beyond or be within the exon(s) reported. This test is not intended to detect duplications of 2 or fewer exons in size, though these may be identified. Single exon deletions are reported but called at a lower sensitivity. Diagnostic errors can occur due to rare sequence variations. In some cases, variants may not be identified due to technical limitations caused by the presence of pseudogenes, repetitive, or homologous regions. This test is not intended to detect low-level mosaic or somatic variants, gene conversion events, complex inversions, translocations, mitochondrial DNA (mtDNA) variants, or repeat expansions. Interpretation of this test result may be impacted if this patient has had an allogeneic stem cell transplantation. Noncoding transcripts were not analyzed.

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or

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approved by the U.S. Food and Drug Administration. This test was performed in a CLIA-certified laboratory and is intended for clinical purposes.

VERIFIED/REPORTED DATES				
Procedure	Accession	Collected	Received	Verified/Reported
FLCN Specimen	23-044-109141	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
FLCN Interp	23-044-109141	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00

END OF CHART

H=High, L=Low, *=Abnormal, C=Critical