

ARUP Test Code: 3001535

Collection Date: 01/28/2025 Received in lab: 01/29/2025 Completion Date: 02/03/2025





#### TPMT2 Specimen Whole Blood

#### **Patient Results**

| Gene   | Genotype | Flag | Phenotype    | Flag |
|--------|----------|------|--------------|------|
| TPMT   | *1/*3A   |      | Intermediate | Α    |
| NUDT15 | *1/*1    |      | Normal       |      |

### **TPMT2** Interpretation

#### See Note

One no function allele was identified in the TPMT gene, suggesting an intermediate metabolizer phenotype and susceptibility to dose-related toxicity from standard doses of thiopurine drugs. Dose reduction of thiopurine drugs may be required. See drug labeling and clinical consensus guidelines for more details about dosing.

No variant alleles were identified in the NUDT15 gene, suggesting a normal metabolizer phenotype and that standard doses of thiopurines are appropriate. See drug labeling and clinical consensus guidelines for more details about dosing.

Recommendation: Guidelines for genotype - based dosing are published by the Clinical Pharmacogenetics Implementation Consortium(CPIC) and can be found at: https://cpicpgx.org/ and https://www.pharmgkb.org/.

This result has been reviewed and approved by

### **Interpretive Comments**

#### BACKGROUND INFORMATION: TPMT and NUDT15

CHARACTERISTICS: Thiopurine drug therapy is used for autoimmune diseases, inflammatory bowel disease, acute lymphoblastic leukemia, and to prevent rejection after solid organ transplant. The inactivation of thiopurine drugs is catalyzed in part by thiopurine methyltrasferase (TPMT) and nudix hydrolase 15 (NUDT15). Variants in the TPMT and/or NUDT15 genes are associated with an accumulation of cytotoxic metabolites leading to increased risk of drug-related toxicity with standard doses of thiopurine drugs. These effects on thiopurine catabolism can be additive.

INHERITANCE: Autosomal codominant.



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Chart continues on following page(s) ARUP Enhanced Reporting | February 03, 2025 | page 1 of 11 CAUSE: TPMT and NUDT15 variants affect enzyme expression or activity. VARIANTS TESTED:

(Variants are numbered according to NM\_000367 transcript for TPMT and the NM\_018283 transcript for NUDT15)

\*1: Indicative of no detected targeted variants and an assumption of functional allele.

TPMT\*2: rs1800462, c.238G>C TPMT\*3A: rs1800460, c.460G>A; rs1142345, c.719A>G TPMT\*3B: rs1800460, c.460G>A TPMT\*3C: rs1142345, c.719A>G TPMT\*4: rs1800584, c.626-1G>A

NUDT15 \*2 or \*3: rs116855232, c.415C>T NUDT15\*4: rs147390019, c.416G>A

CLINICAL SENSITIVITY: 95 percent. METHODOLOGY: Polymerase chain reaction (PCR) and fluorescence monitoring.

ANALYTICAL SENSITIVITY AND SPECIFICITY: 99 percent. LIMITATIONS: Only the targeted TPMT and NUDT15 variants will be detected by this test. Because the complex TPMT\*3A allele contains the variants found in the \*3B and \*3C alleles, this test cannot distinguish the 3A/Negative genotype (intermediate enzyme activity) from the rare \*3B/\*3C genotype (no or low enzyme activity). Genotyping may reflect donor status in patients who have received allogenic stem cell or bone marrow transplants within 2 weeks of specimen collection. Actual enzyme activity and expression and risk for adverse reactions to thiopurines may be affected by additional genetic and non-genetic factors not evaluated by this test. Diagnostic errors can occur due to rare sequence variations. Genotyping does not replace the need for therapeutic drug monitoring and clinical observation.

Please note the information contained in this report does not contain medication recommendations, and should not be interpreted as recommending any specific medications. Any dosage adjustments or other changes to medications should be evaluated in consultation with a medical provider.

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA certified laboratory and is intended for clinical purposes.

Counseling and informed consent are recommended for genetic testing. Consent forms are available online.



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### **Test Information**

The following tables list the available gene-drug pairs and genotype-based dosing published by the Clinical Pharmacogenetics Implementation Consortium (CPIC) and the FDA table of pharmacogenomic biomarkers in drug labeling.

### Published CPIC guidelines

| GUIDELINES                             | DRUGS           | GENES                  |
|--|-----------------|------------------------|
| CYP2B6 and efavirenz                   | efavirenz       | CYP2B6                 |
| CYP2C19 and Clopidogrel                | clopidogrel     | CYP2C19                |
|  | dexlansoprazole |                        |
|  | esomeprazole    |                        |
| CYP2C19 and Proton Pump Inhibitors     | lansoprazole    | CYP2C19                |
|  | omeprazole      |                        |
|  | pantoprazole    |                        |
|  | rabeprazole     |                        |
| CYP2C19 and Voriconazole               | voriconazole    | CYP2C19                |
|  | aceclofenac     |                        |
|  | celecoxib       |                        |
|  | diclofenac      |                        |
|  | flurbiprofen    |                        |
|  | ibuprofen       |                        |
|  | indomethacin    |                        |
| CYP2C9 and NSAIDs                      | lornoxicam      | CYP2C9                 |
|  | lumiracoxib     |                        |
|  | meloxicam       |                        |
|  | metamizole      |                        |
|  | nabumetone      |                        |
|  | naproxen        |                        |
|  | piroxicam       |                        |
|  | tenoxicam       |                        |
| CYP2C9, VKORC1, CYP4F2 and Warfarin    | warfarin        | CYP2C9, CYP4F2, VKORC1 |
| CYP2D6 and Atomoxetine                 | atomoxetine     | CYP2D6                 |
| CYP2D6 and Ondansetron and Tropisetron | ondansetron     | CYP2D6                 |
|  | tropisetron     |                        |
| CYP2D6 and Tamoxifen                   | tamoxifen       | CYP2D6                 |
|  | citalopram      |                        |
|  | escitalopram    |                        |



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| International statements when at one of the set of the set of the set | - 100-        |                        |
|---|---------------|------------------------|
| CYP2D6, CYP2C19 and Selective Serotonin Reuptake Inhibitors           | fluvoxamine   | CYP2C19, CYP2D6        |
|   | paroxetine    |                        |
|   | sertraline    |                        |
|   | amitriptyline |                        |
|   | clomipramine  |                        |
|   | desipramine   |                        |
| CYP2D6, CYP2C19 and Tricyclic Antidepressants                         | doxepin       | CYP2C19, CYP2D6        |
|   | imipramine    |                        |
|   | nortriptyline |                        |
|   | trimipramine  |                        |
|   | alfentanil    |                        |
|   | buprenorphine | 7                      |
|   | codeine       | 7                      |
|   | fentanyl      | 7                      |
|   | hydrocodone   | 7                      |
| CYP2D6, OPRM1, COMT, and Opioids                                      | hydromorphone | COMT, CYP2D6, OPRM1    |
|   | levomethadone | 7                      |
|   | methadone     | 7                      |
|   | morphine      | 7                      |
|   | naltrexone    | 7                      |
|   | oxycodone     | 7                      |
|   | remifentanil  | 1                      |
|   | sufentanil    | 7                      |
|   | tramadol      | 7                      |
| CYP3A5 and Tacrolimus   | tacrolimus    | CYP3A5                 |
|   | capecitabine  |                        |
| DPYD and Fluoropyrimidines  | fluorouracil  | DPYD                   |
|   | tegafur       | 7                      |
|   | atorvastatin  |                        |
|   | fluvastatin   | 7                      |
|   | lovastatin    | 1                      |
| SLCO1B1, ABCG2, CYP2C9, and Statins                                   | pitavastatin  | ABCG2, CYP2C9, SLCO1B1 |
|   | pravastatin   |                        |
|   | rosuvastatin  | 7                      |
|   | simvastatin   | 1                      |
|   | azathioprine  |                        |
|   |               |                        |

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| TPMT, NUDT15 and Thiopurines | mercaptopurine | NUDT15, TPMT |
|------------------------------|----------------|--------------|
|                              | thioguanine    |              |



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### FDA Table of Pharmacogenomic Biomarkers in Drug Labeling

| Drug                  | Therapeutic Area* | Biomarker+ | Labeling Sections   |
|-----------------------|-------------------|------------|---|
| Abrocitinib           | Dermatology       | CYP2C19    | Dosage and Administration, Use in Specific<br>Populations, Clinical Pharmacology  |
| Amitriptyline         | Psychiatry        | CYP2D6     | Precautions   |
| Amoxapine             | Psychiatry        | CYP2D6     | Precautions   |
| Amphetamine           | Psychiatry        | CYP2D6     | Clinical Pharmacology   |
| Arformoterol          | Pulmonary         | CYP2D6     | Clinical Pharmacology   |
| Aripiprazole          | Psychiatry        | CYP2D6     | Dosage and Administration, Use in Specific<br>Populations, Clinical Pharmacology  |
| Aripiprazole Lauroxil | Psychiatry        | CYP2D6     | Dosage and Administration, Use in Specific<br>Populations, Clinical Pharmacology  |
| Atomoxetine           | Psychiatry        | CYP2D6     | Dosage and Administration, Warnings and<br>Precautions, Adverse Reactions, Drug Interactions,<br>Use in Specific Populations, Clinical Pharmacology |
| Avatrombopag          | Hematology        | CYP2C9     | Clinical Pharmacology   |
| Azathioprine          | Rheumatology      | ТРМТ       | Dosage and Administration, Warnings, Precautions,<br>Drug Interactions, Adverse Reactions,<br>Clinical Pharmacology                                 |
| Azathioprine          | Rheumatology      | NUDT15     | Dosage and Administration, Warnings, Precautions,<br>Adverse Reactions, Clinical Pharmacology   |
| Belzutifan            | Oncology          | CYP2C19    | Warnings and Precautions, Drug Interactions,<br>Use in Specific Populations, Clinical Pharmacology  |
| Brexpiprazole         | Psychiatry        | CYP2D6     | Dosage and Administration, Use in Specific<br>Populations, Clinical Pharmacology  |
| Brivaracetam          | Neurology         | CYP2C19    | Clinical Pharmacology   |
| Bupropion             | Psychiatry        | CYP2D6     | Clinical Pharmacology   |
| Capecitabine          | Oncology          | DPYD       | Warnings and Precautions, Clinical Pharmacology,<br>Patient Counseling Information  |
| Cariprazine           | Psychiatry        | CYP2D6     | Clinical Pharmacology   |
| Carisoprodol          | Rheumatology      | CYP2C19    | Use in Specific Populations, Clinical Pharmacology  |
| Carvedilol            | Cardiology        | CYP2D6     | Drug Interactions, Clinical Pharmacology  |
| Celecoxib             | Rheumatology      | CYP2C9     | Dosage and Administration, Use in Specific<br>Populations, Clinical Pharmacology  |
| Cevimeline            | Dental            | CYP2D6     | Precautions   |
| Cisplatin             | Oncology          | TPMT       | Adverse Reactions   |
| Citalopram            | Psychiatry        | CYP2C19    | Dosage and Administration, Warnings,<br>Clinical Pharmacology   |

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| Citalopram                            | Psychiatry                     | CYP2D6  | Clinical Pharmacology   |
|---------------------------------------|--------------------------------|---------|---|
| Clobazam                              | Neurology                      | CYP2C19 | Dosage and Administration, Use in Specific<br>Populations, Clinical Pharmacology  |
| Clomipramine                          | Psychiatry                     | CYP2D6  | Precautions   |
| Clopidogrel                           | Cardiology                     | CYP2C19 | Boxed Warning, Warnings and Precautions,<br>Clinical Pharmacology   |
| Clozapine                             | Psychiatry                     | CYP2D6  | Dosage and Administration, Use in Specific<br>Populations, Clinical Pharmacology  |
| Codeine                               | Anesthesiology                 | CYP2D6  | Boxed Warning, Warnings and Precautions,<br>Use in Specific Populations, Patient Counseling<br>Information  |
| Darifenacin                           | Urology                        | CYP2D6  | Clinical Pharmacology   |
| Desipramine                           | Psychiatry                     | CYP2D6  | Precautions   |
| Desvenlafaxine                        | Psychiatry                     | CYP2D6  | Clinical Pharmacology   |
| Deutetrabenazine                      | Neurology                      | CYP2D6  | Dosage and Administration, Warnings and<br>Precautions, Use in Specific Populations,<br>Clinical Pharmacology   |
| Dexlansoprazole                       | Gastroenterology               | CYP2C19 | Drug Interactions, Clinical Pharmacology  |
| Dextromethorphan<br>and Quinidine     | Neurology                      | CYP2D6  | Warnings and Precautions, Clinical Pharmacology   |
| Diazepam                              | Neurology                      | CYP2C19 | Clinical Pharmacology   |
| Donepezil                             | Neurology                      | CYP2D6  | Clinical Pharmacology   |
| Doxepin                               | Psychiatry                     | CYP2D6  | Clinical Pharmacology   |
| Doxepin                               | Psychiatry                     | CYP2C19 | Clinical Pharmacology   |
| Dronabinol                            | Gastroenterology               | CYP2C9  | Use in Specific Populations, Clinical Pharmacology  |
| Drospirenone and<br>Ethinyl Estradiol | Gynecology                     | CYP2C19 | Clinical Pharmacology   |
| Duloxetine                            | Psychiatry                     | CYP2D6  | Drug Interactions   |
| Efavirenz                             | Infectious Diseases            | CYP2B6  | Clinical Pharmacology   |
| Elagolix                              | Gynecology                     | SLCO1B1 | Clinical Pharmacology   |
| Eliglustat                            | Inborn Errors<br>of Metabolism | CYP2D6  | Indications and Usage, Dosage and Administration,<br>Contraindications, Warnings and Precautions,<br>Drug Interactions, Use in Specific Populations,<br>Clinical Pharmacology, Clinical Studies |
| Erdafitinib                           | Oncology                       | CYP2C9  | Use in Specific Populations, Clinical Pharmacology  |
| Escitalopram                          | Psychiatry                     | CYP2D6  | Drug Interactions   |
| Escitalopram                          | Psychiatry                     | CYP2C19 | Adverse Reactions   |
| Esomeprazole                          | Gastroenterology               | CYP2C19 | Drug Interactions, Clinical Pharmacology  |





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| Fesoterodine   | Urology          | CYP2D6  | Drug Interactions, Clinical Pharmacology  |
|----------------|------------------|---------|---|
| Fosphenytoin   | Neurology        | CYP2C9  | Warnings and Precautions, Use in Specific<br>Populations, Clinical Pharmacology                     |
| Flibanserin    | Gynecology       | CYP2C9  | Clinical Pharmacology   |
| Flibanserin    | Gynecology       | CYP2C19 | Adverse Reactions, Use in Specific Populations,<br>Clinical Pharmacology                            |
| Flibanserin    | Gynecology       | CYP2D6  | Clinical Pharmacology   |
| Fluorouracil   | Dermatology      | DPYD    | Contraindications, Warnings   |
| Fluorouracil   | Oncology         | DPYD    | Warnings and Precautions, Patient Counseling<br>Information   |
| Fluoxetine     | Psychiatry       | CYP2D6  | Precautions, Clinical Pharmacology  |
| Flurbiprofen   | Rheumatology     | CYP2C9  | Clinical Pharmacology   |
| Fluvoxamine    | Psychiatry       | CYP2D6  | Drug Interactions   |
| Formoterol     | Pulmonary        | CYP2D6  | Clinical Pharmacology   |
| Formoterol     | Pulmonary        | CYP2C19 | Clinical Pharmacology   |
| Galantamine    | Neurology        | CYP2D6  | Clinical Pharmacology   |
| Gefitinib      | Oncology         | CYP2D6  | Clinical Pharmacology   |
| lloperidone    | Psychiatry       | CYP2D6  | Dosage and Administration, Warnings and<br>Precautions, Drug Interactions, Clinical Pharmacology    |
| Imipramine     | Psychiatry       | CYP2D6  | Precautions   |
| Lacosamide     | Neurology        | CYP2C19 | Clinical Pharmacology   |
| Lansoprazole   | Gastroenterology | CYP2C19 | Drug Interactions, Clinical Pharmacology  |
| Lesinurad      | Rheumatology     | CYP2C9  | Drug Interactions, Clinical Pharmacology  |
| Lofexidine     | Anesthesiology   | CYP2D6  | Use in Specific Populations   |
| Mavacamten     | Cardiology       | CYP2C19 | Dosage and Administration, Clinical Pharmacology  |
| Meclizine      | Neurology        | CYP2D6  | Warnings and Precautions  |
| Meloxicam      | Anesthesiology   | CYP2C9  | Use in Specific Populations, Clinical Pharmacology  |
| Mercaptopurine | Oncology         | ТРМТ    | Dosage and Administration, Warnings and<br>Precautions, Adverse Reactions, Clinical<br>Pharmacology |
| Mercaptopurine | Oncology         | NUDT15  | Dosage and Administration, Warnings and<br>Precautions, Clinical Pharmacology                       |
| Metoclopramide | Gastroenterology | CYP2D6  | Dosage and Administration, Use in Specific<br>Populations, Clinical Pharmacology                    |
| Metoprolol     | Cardiology       | CYP2D6  | Clinical Pharmacology   |
| Mirabegron     | Urology          | CYP2D6  | Clinical Pharmacology   |
| Modafinil      | Psychiatry       | CYP2D6  | Clinical Pharmacology   |

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| Nateglinide     | Endocrinology       | CYP2C9  | Drug Interactions   |
|-----------------|---------------------|---------|---|
| Nebivolol       | Cardiology          | CYP2D6  | Dosage and Administration, Clinical Pharmacology  |
| Nefazodone      | Psychiatry          | CYP2D6  | Precautions   |
| Nortriptyline   | Psychiatry          | CYP2D6  | Precautions   |
| Oliceridine     | Anesthesiology      | CYP2D6  | Warnings and Precautions, Drug Interactions,<br>Use in Specific Populations, Clinical Pharmacology  |
| Omeprazole      | Gastroenterology    | CYP2C19 | Drug Interactions, Clinical Pharmacology  |
| Ondansetron     | Gastroenterology    | CYP2D6  | Clinical Pharmacology   |
| Ospemifene      | Gynecology          | CYP2C9  | Clinical Pharmacology   |
| Ospemifene      | Gynecology          | CYP2B6  | Clinical Pharmacology   |
| Paliperidone    | Psychiatry          | CYP2D6  | Clinical Pharmacology   |
| Palonosetron    | Gastroenterology    | CYP2D6  | Clinical Pharmacology   |
| Pantoprazole    | Gastroenterology    | CYP2C19 | Clinical Pharmacology   |
| Paroxetine      | Psychiatry          | CYP2D6  | Drug Interactions, Clinical Pharmacology  |
| Perphenazine    | Psychiatry          | CYP2D6  | Precautions, Clinical Pharmacology  |
| Phenytoin       | Neurology           | CYP2C9  | Warnings and Precautions, Use in Specific<br>Populations, Clinical Pharmacology                     |
| Phenytoin       | Neurology           | CYP2C19 | Clinical Pharmacology   |
| Pimozide        | Psychiatry          | CYP2D6  | Dosage and Administration, Precautions  |
| Piroxicam       | Rheumatology        | CYP2C9  | Clinical Pharmacology   |
| Pitolisant      | Psychiatry          | CYP2D6  | Dosage and Administration, Use in Specific<br>Populations, Clinical Pharmacology                    |
| Prasugrel       | Cardiology          | CYP2C19 | Use in Specific Populations, Clinical Pharmacology,<br>Clinical Studies                             |
| Prasugrel       | Cardiology          | CYP2C9  | Use in Specific Populations, Clinical Pharmacology,<br>Clinical Studies                             |
| Prasugrel       | Cardiology          | CYP3A5  | Use in Specific Populations, Clinical Pharmacology,<br>Clinical Studies                             |
| Prasugrel       | Cardiology          | CYP2B6  | Use in Specific Populations, Clinical Pharmacology,<br>Clinical Studies                             |
| Propafenone     | Cardiology          | CYP2D6  | Dosage and Administration, Warnings and<br>Precautions, Drug Interactions, Clinical<br>Pharmacology |
| Propranolol     | Cardiology          | CYP2D6  | Clinical Pharmacology   |
| Protriptyline   | Psychiatry          | CYP2D6  | Precautions   |
| Quinidine       | Cardiology          | CYP2D6  | Precautions   |
| Quinine Sulfate | Infectious Diseases | CYP2D6  | Drug Interactions   |

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| Rabeprazole   | Gastroenterology    | CYP2C19 | Drug Interactions, Clinical Pharmacology  |
|---------------|---------------------|---------|---|
| Rimegepant    | Neurology           | CYP2C9  | Clinical Pharmacology   |
| Risperidone   | Psychiatry          | CYP2D6  | Clinical Pharmacology   |
| Rosuvastatin  | Endocrinology       | SLCO1B1 | Clinical Pharmacology   |
| Rucaparib (2) | Oncology            | CYP2D6  | Clinical Pharmacology   |
| Siponimod     | Neurology           | CYP2C9  | Dosage and Administration, Contraindications,<br>Drug Interactions, Use in Specific Populations,<br>Clinical Pharmacology         |
| Tamoxifen     | Oncology            | CYP2D6  | Clinical Pharmacology   |
| Tamsulosin    | Urology             | CYP2D6  | Warnings and Precautions, Adverse Interactions,<br>Clinical Pharmacology  |
| Tetrabenazine | Neurology           | CYP2D6  | Dosage and Administration, Warnings and<br>Precautions, Use in Specific Populations,<br>Clinical Pharmacology                     |
| Thioguanine   | Oncology            | TPMT    | Dosage and Administration, Warnings,<br>Precautions, Clinical Pharmacology  |
| Thioguanine   | Oncology            | NUDT15  | Dosage and Administration, Warnings,<br>Precautions, Clinical Pharmacology  |
| Thioridazine  | Psychiatry          | CYP2D6  | Contraindications, Warnings, Precautions  |
| Ticagrelor    | Cardiology          | CYP2C19 | Clinical Pharmacology   |
| Tolterodine   | Urology             | CYP2D6  | Warnings and Precautions, Drug Interactions,<br>Clinical Pharmacology   |
| Tramadol      | Anesthesiology      | CYP2D6  | Boxed Warning, Warnings and Precautions,<br>Use in Specific Populations, Clinical<br>Pharmacology, Patient Counseling Information |
| Trimipramine  | Psychiatry          | CYP2D6  | Precautions   |
| Umeclidinium  | Pulmonary           | CYP2D6  | Clinical Pharmacology   |
| Upadacitinib  | Rheumatology        | CYP2D6  | Clinical Pharmacology   |
| Valbenazine   | Neurology           | CYP2D6  | Dosage and Administration, Warnings and<br>Precautions, Use in Specific Populations,<br>Clinical Pharmacology                     |
| Venlafaxine   | Psychiatry          | CYP2D6  | Drug Interactions, Use in Specific Populations,<br>Clinical Pharmacology  |
| Viloxazine    | Psychiatry          | CYP2D6  | Clinical Pharmacology   |
| Viloxazine    | Psychiatry          | SLCO1B1 | Clinical Pharmacology   |
| Voriconazole  | Infectious Diseases | CYP2C19 | Clinical Pharmacology   |
| Vortioxetine  | Psychiatry          | CYP2D6  | Dosage and Administration, Clinical Pharmacology  |
| Warfarin      | Hematology          | CYP2C9  | Dosage and Administration, Drug Interactions,<br>Clinical Pharmacology  |

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| Warfarin | Hematology | VKORC1 | Dosage and Administration, Clinical Pharmacology |
|----------|------------|--------|--|

\* Therapeutic areas do not necessarily reflect the CDER review division.

† Representative biomarkers are listed based on standard nomenclature as per the Human Genome Organization (HUGO) symbol and/or simplified descriptors using other common conventions. Listed biomarkers do not necessarily reflect the terminology used in labeling. The term "Nonspecific" is provided when labeling does not explicitly identify the specific biomarker(s) or when the biomarker is represented by a molecular phenotype or gene signature, and in some cases the biomarker was inferred based on the labeling language.



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