



Client: Example Client ABC123  
123 Test Drive  
Salt Lake City, UT 84108  
UNITED STATES

Physician: Doctor, Example

**Patient: Patient, Example**  
**DOB** 2/17/1972  
**Gender:** Male  
**Patient Identifiers:** 01234567890ABCD, 012345  
**Visit Number (FIN):** 01234567890ABCD  
**Collection Date:** 00/00/0000 00:00

**Liver Fibrosis, Non-Alcoholic Fatty Liver Disease (Echosens)**  
ARUP test code 2012521

FibroMeter Patient Score 0.49

Fibrosis Metavir Classification F1[F0-F2]

EER FibroMeter NAFL Enhanced Report See Note  
Authorized individuals can access the ARUP  
Enhanced Report using the following link:

FibroMeter NAFLD Interpretation See Note

H=High, L=Low, \*=Abnormal, C=Critical

Unless otherwise indicated, testing performed at:

ARUP LABORATORIES | 800-522-2787 | aruplab.com  
500 Chipeta Way, Salt Lake City, UT 84108-1221  
Jonathan R. Genzen, MD, PhD, Laboratory Director

## INTERPRETIVE INFORMATION: FibroMeter NAFLD

## FibroMeter (fibrosis score) comments

F0/F1 Equal probability between F0 and F1  
F1[F0-F2] Predominance of F1, but F0 and F2 are possible  
F3[F2-F4] Predominance of F3, but F2 and F4 are possible  
F3/F4 Equal probability between F3 and F4

## Legend:

-Metavir is a histological scoring system for determining the extent of liver fibrosis and inflammation.

## STAGE OF FIBROSIS (F scale)

F0 = no fibrosis  
F1 = portal fibrosis without septa  
F2 = portal fibrosis with few septa  
F3 = numerous septa without cirrhosis  
F4 = cirrhosis

Calculations for the final report are based on accurate data for age, weight (+/- 5 pounds) and platelet count. If any of the information needs to be corrected, please contact ARUP Client Services at (800) 242-2787.

The Echosens FibroMeter NAFLD profile serves as a surrogate marker of liver fibrosis in patients with non-alcoholic fatty liver disease. Results may be inaccurate in patients who were not fasting at blood draw, or with other etiologies or chronic liver diseases, such as viral hepatitis or alcoholic liver disease. A proprietary algorithm calculates results from 5 blood markers along with age, and weight to provide a patient score (0-1) and a correlated fibrosis stage (Metavir F0-F4). Patients must be fasting at the time of blood draw. Results should be interpreted in conjunction with the patient's clinical history.

Results should be interpreted with caution if the patient is: under 18 years of age; pregnant; has acute hepatitis; other cause of chronic liver disease; severe chronic inflammatory disease other than liver disease, such as arthritis, organ failure other than liver, such as kidney; iron deficiency; unstable glucose levels; unstable weight.

This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA certified laboratory and is intended for clinical purposes.

Alanine Aminotransferase, FibroMeter	286 U/L	H	(Ref Interval: 5-50)
Aspartate Aminotransferase, FibroMeter	136 U/L	H	(Ref Interval: 9-50)
Ferritin, Fibrometer	259 ng/mL		(Ref Interval: 30-400)
Glucose, FibroMeter	119 mg/dL	H	(Ref Interval: <=100)
FibroMeter Platelet Count	97 k/uL		

H=High, L=Low, \*=Abnormal, C=Critical

Weight, FibroMeter

153 lbs

VERIFIED/REPORTED DATES				
Procedure	Accession	Collected	Received	Verified/Reported
FibroMeter Patient Score	23-148-100380	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Fibrosis Metavir Classification	23-148-100380	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
EER FibroMeter NAFL Enhanced Report	23-148-100380	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
FibroMeter NAFLD Interpretation	23-148-100380	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Alanine Aminotransferase, FibroMeter	23-148-100380	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Aspartate Aminotransferase, FibroMeter	23-148-100380	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Ferritin, Fibrometer	23-148-100380	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Glucose, FibroMeter	23-148-100380	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
FibroMeter Platelet Count	23-148-100380	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00
Weight, FibroMeter	23-148-100380	00/00/0000 00:00	00/00/0000 00:00	00/00/0000 00:00

END OF CHART

H=High, L=Low, \*=Abnormal, C=Critical