

Client: Example Client ABC123  
123 Test Drive  
Salt Lake City, UT 84108  
UNITED STATES

Physician: Doctor, Example

**Patient: Patient, Example**

**DOB** 9/21/1981

**Gender:** Female

**Patient Identifiers:** 01234567890ABCD, 012345

**Visit Number (FIN):** 01234567890ABCD

**Collection Date:** 01/01/2017 12:34

**Hereditary Paraganglioma-Pheochromocytoma (SDHB, SDHC, and SDHD) Sequencing and Deletion/Duplication Panel**

ARUP test code 2007167

HPGL-PCC (SDHB,C,D) Seq, DelDup Specimen whole Blood

HPGL-PCC (SDHB,C,D) Seq, DelDup Interp **Positive** \*

**H - high L - low \* - abnormal C - critical**

TEST PERFORMED - 2007167  
TEST DESCRIPTION - Hereditary Paraganglioma-Pheochromocytoma (SDHB, SDHC, and SDHD) Sequencing and Deletion/Duplication Panel  
INDICATION FOR TEST - Confirm Diagnosis

## RESULT

One pathogenic variant was detected in the SDHD gene.

Gene: SDHD

Nucleic Acid Change: c.242C>T; Heterozygous

Amino Acid Alteration: p.Pro81Leu

## INTERPRETATION

One copy of a pathogenic variant, c.242C>T; p.Pro81Leu, was detected in the SDHD gene by sequencing. This result is consistent with a diagnosis of Hereditary Paraganglioma-Pheochromocytoma Syndrome type 1 (PGL1). Disease manifestations are variable and generally only occur when pathogenic variants in SDHD are inherited paternally due to a parent-of-origin effect. This individual's offspring have a 50 percent risk of inheriting the causative pathogenic variant. No pathogenic variants were detected by deletion/duplication analysis in SDHD, nor by sequence and deletion/duplication analyses in SDHB and SDHC.

Evidence for variant classification: The SDHD c.242C>T; p.Pro81Leu variant (rs80338844) has been reported in several familial and sporadic cases of paraganglioma (PGL) (Baysal 2000, Baysal 2002, Sridhara 2013). This variant is reported in ClinVar (Variation ID: 6896), and is observed in the general population databases at a low frequency of 0.002 percent (5/277172 alleles, Genome Aggregation Database). The proline at codon 81 is well conserved across a variety of species and computational algorithms (SIFT, PolyPhen2, MutationTaster) predict this variant to be damaging to the protein. Taken together, this variant is considered pathogenic.

## RECOMMENDATIONS

Genetic consultation is indicated, including a discussion of medical screening and management. At-risk family members should be offered targeted testing for the identified variant (Familial Mutation, Targeted Sequencing; ARUP test code 2001961).

## COMMENTS

Reference Sequences: GenBank # NM\_003000.2 (SDHB), NM\_003001.3 (SDHC), NM\_003002.2 (SDHD)

Nucleotide numbering begins at the "A" of the ATG initiation codon.

Benign variants are not included in this report but are available upon request.

## REFERENCES

Link to ClinVar database for p.Pro81Leu:

<https://www.ncbi.nlm.nih.gov/clinvar/variation/6896/>

Baysal BE et al. Mutations in SDHD, a mitochondrial complex II gene, in hereditary paraganglioma. *Science*. 2000 Feb 4;287(5454):848-51.

Baysal BE et al. Prevalence of SDHB, SDHC, and SDHD germline mutations in clinic patients with head and neck paragangliomas. *J Med Genet*. 2002 Mar;39(3):178-83.

Sridhara SK et al. Genetic testing in head and neck paraganglioma: who, what, and why? *J Neurol Surg B Skull Base*. 2013 Aug;74(4):236-40.

This result has been reviewed and approved by Pinar Bayrak-Toydemir, M.D., Ph.D.

H - high L - low \* - abnormal C - critical

**BACKGROUND INFORMATION:** Hereditary Paraganglioma-Pheochromocytoma (SDHB, SDHC, and SDHD) Sequencing and Deletion/Duplication Panel

**CHARACTERISTICS:** Hereditary paraganglioma-pheochromocytoma (PGL/PCC) syndromes are characterized by paragangliomas (neuroendocrine tumors of the autonomic nervous system) and pheochromocytomas (paragangliomas of the adrenal medulla). Pathogenic germline mutations in a number of genes, including SDHB, SDHC, and SDHD, predispose to paraganglioma and pheochromocytoma with risk of malignant transformation. **INCIDENCE:** About 1 in 300,000 per year.

**INHERITANCE:** Autosomal dominant; parent of origin effect for SDHD.

**CAUSE:** Pathogenic succinate dehydrogenase, subunits B, C, and D (SDHB, SDHC, and SDHD) gene mutations. Mutations in other genes, including TMEM127, EGLN1, MAX, SDHA, and SDHAF2, may also be causative.

**CLINICAL SENSITIVITY:** 26-30 percent.

**METHODOLOGY:** Bidirectional sequencing of all coding regions and intron-exon boundaries of the SDHB, SDHC, and SDHD genes; Multiplex Ligation-dependent Probe Amplification (MLPA) to detect large SDHB, SDHC, and SDHD deletions /duplications.

**ANALYTICAL SENSITIVITY AND SPECIFICITY:** Sequencing: 99 percent; MLPA: 90 and 99 percent, respectively.

**LIMITATIONS:** Diagnostic errors can occur due to rare sequence variations. Regulatory region mutations and deep intronic mutations will not be detected. The breakpoints of large deletions/duplications will not be determined. Mutations in genes other than SDHB, SDHC, and SDHD are not evaluated.

Test developed and characteristics determined by ARUP Laboratories. See Compliance Statement C: aruplab.com/CS

VERIFIED/REPORTED DATES

Procedure	Accession	Collected	Received	Verified/Reported
HPGL-PCC (SDHB,C,D) Seq, DelDup Specimen	17-170-113700	6/19/2017 9:38:00 AM	6/20/2017 2:20:46 PM	7/11/2017 4:30:23 PM
HPGL-PCC (SDHB,C,D) Seq, DelDup Interp	17-170-113700	6/19/2017 9:38:00 AM	6/20/2017 2:20:46 PM	7/11/2017 4:30:23 PM

END OF CHART

H - high L - low \* - abnormal C - critical