

Client: Example Client ABC123  
123 Test Drive  
Salt Lake City, UT 84108  
UNITED STATES

Physician: Doctor, Example

**Patient: Patient, Example**

**DOB** 3/27/1975

**Gender:** Female

**Patient Identifiers:** 01234567890ABCD, 012345

**Visit Number (FIN):** 01234567890ABCD

**Collection Date:** [REDACTED]

**Factor XIII (F13A1) V34L Variant**

ARUP test code 2003220

Factor XIII Variant Specimen whole Blood

Factor XIII (F13A1) V34L Variant Negative

Indication for testing: Assess genetic risk for thrombosis.

NEGATIVE: The Factor XIII (F13A1), V34L sequence variant, was not detected.

Recommendations: This result should be interpreted in the context of clinical and laboratory findings as thrombotic risk is influenced by other genetic and non-genetic factors not assessed by this assay. If clinically indicated, testing for other inherited or acquired thrombophilic disorders is recommended; consider DNA testing for the factor V Leiden mutation, measurement of total plasma homocysteine concentration, serological assays for anticardiolipin antibodies and multiple phospholipid-dependent coagulation assays for lupus inhibitor.

This result has been reviewed and approved by Rong Mao, M.D.

H=High, L=Low, \*=Abnormal, C=Critical

Background Information: Factor XIII (F13A1) V34L Variant

**Characteristics:** The Factor XIII (F13A1), V34L sequence variant is a protective factor against pulmonary embolism, deep vein thrombosis, and myocardial infarction in Caucasians. It may also have a slight protective effect against coronary artery disease. Limited data suggests the V34L sequence variant may also be associated with idiopathic spontaneous subconjunctival hemorrhage (SSH), but this finding has not been confirmed.  
**Allele Frequency:** Caucasian 0.27, African American 0.17, American Indian 0.29, Asian 0.01.  
**Inheritance:** Autosomal dominant.  
**Cause:** Homozygosity or heterozygosity for F13A1; V34L  
**Variant Tested:** F13A1 c.103G>T; p.Val34Leu.  
**Clinical Sensitivity:** Varies by ethnicity.  
**Methodology:** Polymerase chain reaction and fluorescence monitoring.  
**Analytical Sensitivity and Specificity:** 99 percent  
**Limitations:** Mutations in the F13A1 or F13B genes, other than the V34L sequence variant, are not evaluated. Diagnostic errors can occur due to rare sequence variations.  
 The protective effect of the V34L sequence variant has not been established for ethnicities other than Caucasian and may be altered by other genetic and non-genetic factors not assessed by this assay.

Test developed and characteristics determined by ARUP Laboratories. See Compliance Statement C: aruplab.com/CS

VERIFIED/REPORTED DATES

Procedure	Accession	Collected	Received	Verified/Reported
Factor XIII Variant Specimen	18-204-113534	7/23/2018 12:30:00 PM	7/24/2018 4:57:50 AM	7/27/2018 6:21:00 PM
Factor XIII (F13A1) V34L Variant	18-204-113534	7/23/2018 12:30:00 PM	7/24/2018 4:57:50 AM	7/27/2018 6:21:00 PM

END OF CHART

H=High, L=Low, \*=Abnormal, C=Critical